

# The Crucible

Phi Delta Chi



University of Georgia

### Letter from the WCC

#### The Best Keeps Getting Better

With 72 years of experience under our belts, the Alpha lota Chapter of Phi Delta Chi only seems to get better with age, continually excelling as one of the best Chapters in the nation. Founded on May 29th, 1937, Alpha lota is proud to be the oldest and only co-educational pharmacy fraternity at the University of Georgia College of Pharmacy. The Chapter currently consists of 62 Brothers who through their hard work and dedication to the fraternity earned 5th place in the annual Thurston Cup Competition at last summer's 67th Grand Council in Phoenix, Arizona – the highest ranking our Chapter has ever received. Alpha lota was also awarded 5th place for our window display entitled "Pharm-Assist: Are Your Meds AOK?" which urged patients to take an active role in their healthcare and utilize pharmacists as essential healthcare providers. However, our Chapter's greatest moment was earning 1st place for our professional and service projects, and receiving recognition for our hard work with Radio Rx, bingo nights at Morningside Assisted Living, the annual St. Jude 5K, involvement in Dawgtoberfest, and our numerous other projects throughout the year. These awards brought great pride to Alpha lota, and we aim to remain in the top rankings in national awards. Since Grand Council, the Chapter has continued to grow, reach our goals, further our accomplishments, and become a more active part of the College of Pharmacy.

Alpha lota improved our ranking for our professional and service projects from 3rd place to 1st by participating in innovative projects, bolstering our already award-winning programs, and maintaining strong participation from all the Brother. We continued our weekly radio show, Radio Rx, on WUOG 90.5 FM. Airing every Wednesday during the school year, the 30-minute program addresses various health topics and how they relate to University students and Athens residents. This year, we've started to pre-record shows in order to better suit the schedules of our Brothers and guests. Along with this new format, the Brothers have also focused on promoting and publicizing our radio show through a Facebook page and Twitter account. By utilizing new technology and social media networks. Radio Rx has continued to expand and reach a broader audience over the past year. Besides planning and hosting Radio Rx every week, other professional projects included our window display entitled "Nothing to Sneeze About," which helped patients learn about over-the-counter cough and cold medications, stressed the importance of reading drug labels, and made patients aware of the many different active ingredients available along with the respective symptoms they treat. The Brothers also continued our involvement with ongoing projects including providing a QsA panel at a Pre-Pharmacy Society meeting, participating in the College of Pharmacy's annual Dawgtoberfest health fair, and attending GPhA's Very Involved Pharmacist Day at the state capitol in Atlanta.

Our service projects have also been extremely successful this year. Our 6th annual St. Jude 5K for Hope benefiting St. Jude Children's Research Hospital was a huge success with over 135 participants, more than \$2100 raised, and 100% participation from the Chapter! In addition to the annual 5K, Al also participated in the Letter Writing Campaign in the spring to raise even more money for St. Jude. To increase awareness about St. Jude and reach more people for donations, the Brothers hosted a competition throughout the College of Pharmacy that awarded students who provided the most number of addresses. The competition was successful and helped the Chapter send out over 600 letters asking for donations for St. Jude. Many Brothers also helped the College of Pharmacy's Relay for Life team. Rx for a Cure, meet and exceed its goal of raising \$2000 for the American Cancer Society. The opening of the new Pharmacy South building gave Brothers the opportunity to serve the school both by acting as student ambassadors to the University's Arch Foundation, which raised money for the new building, and providing tours to alumni during the school's annual homecoming weekend. Our newest ongoing service project is Recording for the Blind and Dyslexic, in which Brothers volunteer for an hour and a half each week to record themselves reading books for this national organization. Brothers trained throughout the semester, and after learning how to use the recording program, ultimately self-directed and read by themselves. Although unplanned, our Brothers were also more than willing to help UGA sell t-shirts to support relief efforts after the earthquake in Haiti. With only a day of planning and preparation, the Brothers stepped up to sell t-shirts to the College of Pharmacy in an international relief effort. All Brothers also served the community by playing bingo with residents at Morningside Assisted Living Home, volunteering at the Food Bank of Northeast Georgia, and collecting canned goods in the annual UGA/Georgia Tech food fight

To help relieve stress from classes and build our fraternal bonds, our Chapter also enjoyed many social activities throughout the year. Brothers gathered to watch football, play games, and just take a break from studying at the 12<sup>th</sup> annual Meatfest at Evie's house in September. Our Chapter also celebrated Founder's Day in November at Carrabba's Italian Grill in Athens. Brothers enjoyed our other usual events such as the Pledge-hosted Halloween party, football tailgates in the fall, and the Gatlinburg ski trip. In the fall, Brothers hosted Pledges for a progressive dinner, where we split them into smaller groups to visit different houses for appetizers, entrees, and dessert. In return, after being initiated, the new Brothers hosted a "reverse" progressive dinner for the older Brothers to enjoy home cooked food. To help foster leadership and Brotherhood, Brothers participated in a team competition at a nearby corn maze in October, as well as completed the University's outdoor low ropes challenge course, which forced us to work together, trust each other, think outside of the box, and sometimes step beyond our comfort zones. In the spring, we rented a private karaoke room and sang the night away, got out our frustrations by playing paintball, and gathered at Jennifer Huggins' apartment for a southern tradition – a low-country boil. This year's Spring Formal, at the Georgia Center, had over 70 Brothers and guests in attendance. Along with honoring the 4<sup>th</sup> year Brothers with the graduation ceremony, several Brothers received superlative awards voted on by the Chapter.

As we all know, continual growth is necessary for our Chapter's success. In the fall of 2009, Alpha lota initiated a large class of 20 new Brothers. Since initiation, the new Brothers have stepped up and taken on leadership roles both as officers and committee chairs. Personally, I have been extremely impressed by the natural leadership that these new Brothers exhibit and am excited to see what great new accomplishments will come from our newest Pledge class. Along with gaining new Brothers, however, we also wish success to our 14 new alumni Brothers and our 13 Brothers going on rotations, not to mention those Brothers going to Augusta for the 2+2 program in the fall. Despite all of these changes, Alpha lota continues to embody our motto: Alterum Alterius Auxilio Eget, meaning "Each Needs the Help of the Other." Without the continual help and support of our Brothers—collegiate, alumni, and faculty Brothers alike—our Chapter could never reach the successes we have in the past year. And while this school year has ended, the Brothers of Alpha lota look forward to accomplishing even more in the future and continuing to stand out as one of the best and strongest Chapters in the nation.

Edward E. Yabut #918

Worthy Chief Counselor

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#### Letters From the Editors

I just want to say thanks to all the Brothers who helped write articles, edit, donate, and were all-around sounding boards and sources of information for me! This wouldn't have been possible without the help of my Brothers, it has truly shown me the meaning of AAAE! I hope you all enjoy it.

-Jayme Bristow #922

Well what can I say? Being one of the co-editors for this year's Crucible has been incredibly rewarding, albeit slightly frustrating at times. I never knew that our Chapter did SO much and I'm even prouder to call myself Phi Dex now. I wanted to capture everything that our amazing Brothers have accomplished this past year and I hope I have succeeded to a certain extent. Thank you, thank you to everyone who put forth time, money, and energy to help Jayme and me through this journey

-Shuang Ouyang #928



## Worthy Chief Counselor

**Edward Yabut** 

My views of WCC can best be described as a lovehate relationship. I enjoyed being a part of every aspect of our Chapter, from helping with Rush and Initiation to updating the bulaws, from planning retreat activities to calling numbers at bingo nights at Morningside. On the other hand, the constant stress over reports and deadlines mixed with my never-ending PDC to-do list has definitely made my office difficult at times. Despite all of the roadblocks, serving as your WCC has been extremely rewarding, especially when Alpha lota received a 1st place recognition for our professional and service projects. Although we have our weaknesses, there is no doubt that Alpha lota is one of the best chapters in the nation, and I can only hope that my tenure as WCC has helped us reach and maintain this level of excellence. While some of my ideas may have been unconventional and not always welcome, I hope that everyone knows that everything I've done has been for the best of the Chapter. I know Laura will be an amazing WCC, and the first years have already shown their passion for PDC and their willingness to act as leaders, so I'm confident our Chapter will continue to do great things. Thanks to everyone for your support and help, always remember that we are Brothers for life, and keep embodying our motto of AAAE.





I am very excited to be Alpha lota's next WCC. I look forward to learning the history of our Chapter and Phi Delta Chi even more and working with Ambili to decide what our great Chapter will accomplish next. I know all the new officers are going to be awesome at their respective jobs and I am thrilled to see all the potential in Alpha lota. WCC is a great honor and I am ready to take on the challenge with the support of my Brothers. I have had a huge support group throughout the Chapter and I will always be grateful for that; I could not have come this far in pharmacy school or in the fraternity without it. Our newly graduated Brothers have shown me how close a group of people can become with each other and I will consider my future job a success if I can inspire others as they have inspired me. There have been countless conversations with Edward and Brady about their experiences and advice for me but I know there is a lot left for me to learn and discover along the way. Alpha lota has given me friendships and memories that will last a lifetime and I hope I can be a part of passing that on to others and forging the new bonds of Brotherhood.

## Worthy Keeper of Records and Seals

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#### Ashley Hannings

I thoroughly enjoyed being the Worthy Keeper of Records and Seals this past year. This is such an important job and many Brothers relied on me to keep them informed and make sure their birthdays were not forgotten. My favorite aspects of the job would have to be sending out thank you notes and planning retreat. I have always valued the importance of sending oldfashioned thank you notes to let others know your appreciation. Although stressful at times, my favorite part of being WKRS was also being retreat mom. I enjoy cooking and cleaning, and I this gave me the opportunity to do it on a large scale.

It is essential for a chapter to have an organized, wellinformed WKRS, and I think Paula is up for the challenge. She seems very enthusiastic and I'm sure she'll do great!





Paula Phetsadasack

I am honored to be elected as WKRS. My experience being a Phi Delta Chi Brother thus far has been a veru memorable, fun, and rewarding one. I never knew a professional fraternity could teach so much about myself and the true meaning of Brotherhood. Although I am aware that the tasks of this officer position can be time consuming, I am ready to take on the role. I have obtained the necessary resources to fulfill my duties and am excited to begin a year that will be full of more great memories!

## Worthy Correspondent

#### Abby Hobbs

As this year's Worthy Correspondent, my goal was to focus on some of the areas of the Thurston Cup where we typically rank lower (scholarship and leadership) while maintaining the quality of our professional and service projects. More importantly, I wanted to beat Eddie and last year's rankings. By expanding projects we already do and adding new programs, such as the UGA Challenge Course and Washington Farms Corn Maze outings, I'm excited to see how all of our hard work pays off at this year's LDS!



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Jaume Bristow

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I was both nervous and excited to become Alpha lota's newest Worthy Correspondent. I was nervous because I have some very large and awesome shoes to fill from our previous WCs. Abby and Eddie. I was excited because I think this leadership position has a big impact on our Chapter. The WC is responsible for making our Chapter "look good" to the National Office and I want nothing more than to spend the entire next year bragging about how awesome Alpha lota really is! I'm not going to go so far as to aim to "beat" my predecessor's rankings but I hope to continue the tradition of excellence that has gone before me! I know it's going to be a lot of work, but with the help of my Brothers and a lot of AAAE time, this can be an excellent year for Alpha lota!!

## Worthy Vice Counselor

Jessica Noice

I cannot begin to explain how much I have enjoyed serving as WVC. I am so proud of everything Alpha lota has accomplished over the years that I have been here and am honored that I was able to be a part of this Brotherhood. I really enjoyed working with Eddie and hope that I made his job a little easier from time to time. This Chapter has overcome many challenges lately. and it has been a pleasure to watch each of my Brothers grow as leaders and professionals. I am very excited to move on to rotations and to begin serving this Chapter as an alumna. I will never forget everything that Phi Delta Chi has done for me! Brothers for life!



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Ambili Prasad

I am honored to be able to serve the Alpha lota Chapter next year as WVC. Being a part of the Brotherhood for the last two years has really made an impact on me and I felt that this would be a great way to give back to the fraternity. I am looking forward to developing the role of WVC and supporting Laura in her duties. At the same time, I know this will be a great learning experience for me and I hope to learn more about the workings of our fraternity, get to know my Brothers, and learn from each other in the coming year. I am super excited and I know this is going to be a great year for Alpha lota!

Officer Reports



## Worthy Keeper of Finance

Jennifer Boykin

I can't express how much I've enjoyed giving back to PDC by being an officer. It's really been a great experience. It's not always an easy job and it's not always fun, but it's always been rewarding. It's also taught me a lot about holding a leadership position, budgeting, and responsibility. Again, I'm proud to say we've still been in the black and people have been consistently under budget. I didn't get everything I wanted to get accomplished done, but whoever completes their whole to-do list? I am very confident that my grand-Little will do a spectacular job and I wish her the best of luck!



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Stephanie Peccia

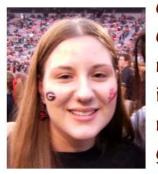
I am honored and very excited to be serving as the next Worthu Keeper of Finance for the Alpha lota Chapter, I decided to run for an officer position because I've seen the recent accomplishments of our Chapter and I wanted to play a part in continuing and expanding on that success. I decided to run for WKF because I knew that without a solid financial foundation, those successes would not be possible. I am lucky that I am following Jennifer Boykin, who has been an amazing Worthy Keeper of Finance for the last two years and set a solid foundation for me. As the incoming WKF, I would like to continue to better organize our finances and budget and also implement some new ideas for fundraising over the next year. I know that with my hard work and determination and that of all of the incoming officers, the Alpha lota Chapter will continue to be one of the best Chapters of Phi Delta Chi.

## Worthy Master-at-Arms

**Shuang Ouyang** 

With my unexpected election as WMA despite being a total goofball, I wanted to show my gratitude for the Chapter's confidence in me by doing all I could to represent PDC well during the Rush and Pledging process. That said, it was much harder to plan for success when I had never been in a fraternity before, much less anything resembling a Pledge Master. Despite that, throughout all my struggles, I knew that I could always count on the Chapter's help and most of all I knew that Juli would always be by my side whenever assistance was needed. Through her unwavering devotion to PDC and our combined success during Rush and Pledging, I learned the breadth and depth of Brotherhood afforded to each Brother of our Chapter. Undoubtedly, my accomplishments would have been simple daudreams without her. With such an appreciation for true Brotherhood, it was then much easier to convey our ideals to the Pledges (who were all amazing) and make it fun at the same time. I wish Shannon and Ray the best of luck! I know they will do an awesome job regardless, but I urge them to work closely and discover how rewarding it is to know that someone truly has your back anytime, anywhere.





**Shannon Sulik** 

Getting to know all of the Brothers through the Pledge process, I learned that Pledging is an essential part of developing Brotherhood within PDC as well as learning about the fraternity. My Pledge experience was a lot of fun, especially hanging out with the other Pledges after coming into a class not knowing anyone. I want to make sure next year's Pledge class has the same experience. Shuang and Juli did a great job with our class and I want to continue the tradition of getting the best Pledges for PDC!

## Worthy Alumni Liaison

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Ambili Prasad

This past year has been amazing and I am glad I had the opportunity to serve as the Worthy Alumni Liaison. Being the WAL put things in a different perspective for me. It showed me how the Brotherhood extends beyond the confines of pharmacy school. We had great alumni turnout for several events throughout the year and the most exciting part for me was being able to meet so many of the alumni Brothers that all my phone calls and e-mails go out to. Many of our amazing Alpha lota alumni truly exemplified the meaning of being "Brothers for life" with their support and advice. I hope we continue to maintain strong relations with the alumni in the following year and I have no doubt the new WAL, Heidi, will do a fantastic job!





Heidi Hesprich

I am very honored that you all deemed me worthy of being the WAL, and excited to start getting in touch with everyone. Brotherhood is what sets PDC apart from other organizations and what really makes it something that stays with you your whole life. Even though there are some alumni that I have never met, we will always be Brothers. It is only with the support and advice of our alumni Brothers that we can continue to strive for excellence. Alumni are the backbone of our fraternity and I hope to see all of you at least once over the next school year. I know that many of you are even busier than us students, so we are going to try and make things as open as possible for you to attend. I am looking forward to getting to know everyone and hope that you all are looking forward to getting calls and e-mails from me!

## Worthy Inner Guard

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Julianna Murphy

I had a ton of fun as WIG! Working closely with Shuang to plan Rush and educate the new Pledges was more difficult than I expected, but it was also much more fun than I had imagined. Shuang and I have forged a much stronger bond and have become closer as Brothers and friends. If nothing else, being WIG also helped me get over my fear of public speaking! From presenting with Jess and Shuang at "Meet the Organizations" to asking trivia guestions at a Rush event, getting in front of large groups can only give you the shakes for so long. Meeting all of the incoming first years and bragging on PDC, particularly AI, was enjoyable, but getting to know the Pledges was my favorite part of being WIG. The Pledges worked really, really hard throughout the Pledging period. In everything they did, each gave 120% (remember Informal Initiation?). The paddles alone were amazing-definitely the best Pledge class ever! I am sad to leave my post as WIG, but I'm excited to watch Shannon and Ray rock their offices and help rein in some more awesome Brothers!





Ray Dwan

First, I must congratulate Shuang and Juli for being a great WMA/WIG team. Together they were able to successfully guide all twenty of us Pledges into the Brotherhood. Having a great time Pledging under their guidance, I knew that this was something I wanted to be involved in. I am looking forward to working with Shannon as the WIG and showing the next generation of Brothers what Brotherhood is all about!



Officer Reports



## **Worthy Prelate**

#### Ryan Markham

I enjoyed my year as Worthy Prelate. My goal was to record our activities in such a way that Brothers have vivid reflections of times where we grew our fraternal bonds, and non-Brothers have a glimpse of what we share. It requires a measure of objectivity and observation to serve as WP which unfortunately can distance you from participation. I've looked forward to rejoining our activities as a Brother, no longer the one who chronicles. I am pleased to pass the torch to my Little Brother Trac whose creative eye will certainly share an exciting, unique vision of our Brotherhood.



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#### Trac Nguyen

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I am grateful to be elected as the Worthy Prelate and very excited for the opportunity use my creativity to serve Phi Delta Chi. As the WP, I will work tirelessly to keep the website up to date. It will be a place where we will showcase our legacies, achievements and Brotherhood. You can expect to see a scrapbook that equals in awesomeness. I look forward to serve as Worthy Prelate for the coming year! 'Click!'

### **Committee Chairs**

#### Fall Cemester

#### **Social Chair**



Laura Briscoe

#### **Service Chair**



Ambili Prasad

#### **Spring Semester**

#### Social Co-Chairs



Jennifer Huggins & Stephanie Peccia

#### **Service Chair**



Crystal Beal

#### **Professional Chair**



Evie Cowan

#### Professional Co-Chairs





Jennifer Gaddie & Shannon Sulik

#### That Can't Really be the Answer, Can It?

#### **Edward Yabut**



While most students enjoyed the summer break from classes, several Alpha lota Brothers were already hard at work planning for an exciting fall rush. As usual, our first Rush event was team trivia, but this year we enjoyed a new venue - Transmetropolitan - in downtown Athens. Brothers, interested new pharmacy students, and even faculty Brothers Drs. Perri and Herist mingled in the large upstairs room reserved for the event, enjoying pizza, drinks, and salad. After filling our bellies and forming teams, Shuang and Juli tested our knowledge with many random and very difficult trivia questions. It was a close game until the end, and although there was only one winning team at the end of the night, we provided goodie bags for all of the prospectives and invited them to our next Rush event.

#### And Another Strike!

#### Jessica Noice

On August 31 the Brothers of Alpha lota hosted their second Rush event at King Pin's bowling alley. Potential Pledges enjoyed a laid back evening getting to know each other and the Brothers a little better. While many people chose to bowl on two private lanes, several others enjoyed the finger foods and simply talking to each other.

This was a great opportunity to tell the new students about Phi Delta Chi and also answer their many questions about pharmacy school in general. We were also very happy to have two Phi Dex alumni, Brooke Greene of Alpha Iota and Sean Greene of Alpha Theta, join us. Their presence showed potential Pledges the strong ties that bind us together even after we leave UGA. Overall, bowling was a great success as usual and a lot of fun for Brothers and new students alike.



#### Kickball Anyone?

#### Jayme Bristow



Alpha lota's third and final Rush event was a cookout held at a local park, and it turned out to be a beautiful day for a picnic! The Brothers gathered with hamburgers, hot dogs, and sides to host the new students and spend more time getting to know all of them. Our grill-masters got to work right away churning out the burgers and dogs, while all the sides and desserts poured in along with the Brothers. As usual we had a ton of food, but it was all delicious! Once everyone had a chance to devour all of the food, we celebrated the birthday of Dr. Perri, one of our faculty Brothers, with a scrumptious cake from Publix! We decided to work off the enormous meal with a friendly game of kickball. Everyone's favorite recess activity made a comeback that night and a great time was had by all. A little friendly competition never hurt anyone, right? Except the trees that were destroyed by our erratic kicking, but oh well. It was a great night: good food, good fun, and great company!

The Phi Dex Effect



Being the Worthy Master-at-Arms this year was quite the experience and I have to reiterate that I could not have done it without my trusty WIG-GY sidekick Juli. I had the good fortune of meeting awesome Pledges and making even more interesting memories while bringing them into our Brotherhood.

-Shuang Ouyang



Michel: Although I wasn't the first person to approach Michel about joining PDC, after our first conversation I instantly knew that she would make a great Brother.

Crystal: Being such an independent individual, I was a little apprehensive about whether she would be able to work closely and gel with the other Pledges, but she sure proved me wrong and is now an invaluable addition through her dedication to our service projects. Just as her Pledge name saus, it's not "awesome" without her!

Josh: The first conversation I had with Josh was about an appreciation for the discus ultimus, but I soon found out he had much more to offer than just tossing the 'bee. My favorite memory of this quiet southern boy is of him earning his Pledge name during our St. Jude 5K by setting a blistering pace. Way to go Gump!

Trac: While it's hard to wear a stereotype fashionably, Trac and his trusty Olympus has certainly put that challenge to rest. From demonstrating his glowstick skills to showcasing his individuality. Trac always was the sum of awes.

Nhu-Y: I didn't know Nhu-Y too well at first, but she has shown time and again her dedication to the fraternity and the extent of her creativity.

Cam: Just like the Energizer bunny, Cam has way too much energy for her size. Luckily, she directs most of that toward bettering our Chapter and for that I'm tremendously grateful.

Sara Pennington: I think everyone, minus her Big Brother, was shocked at Informal Initiation when we discovered her amazing voice. Still, my favorite memory of Sara can be summed up in a single compound word: COWBELL. I gotta have more cowbell.

Sarah Thompson: Being Juli's Little must have been quite an adventure, but I knew Sarah could handle it and every time I saw her, she was always full of energy and enthusiasm for all things PDC.

Shannon: I knew Shannon had great leadership potential in PDC the moment we talked about what kind of organization she wanted to be associated with in pharmacy school. Having her in our Brotherhood has undoubtedly made it stronger and I'm so excited to see the Pledge class that she will be assembling in the

Ray: Always nonchalant yet mindful of his responsibilities, Ray was always fun to work with during Rush and Pledging. He'll be a great foil to Shannon and I can't wait to see the Pledges they bring in.

Patrick: Patrick was always a character when it came to PDC activities and events. While he carried himself with a touch of ennui. I knew that his fellow Pledges could count on him to get the job done.

Landan: From finding out the mustery friend who worked at Target to just being his silly self. Landon is nonstop entertainment.

Lacie: Whether it's her mad gab study guides or her amazing artistic talent, Lacie always has a pleasant surprise up her sleeves.

Angie: Angie was guite engaging during the Pledge process, and I'm very happy to have this no nonsense girl as a part of PDC.

Huggins: From making delicious Jell-O concoctions to just being fun, friendly, and helpful, Captain Ice has got it covered.

Gaddie: Quiet but deliberate, Jennifer embodies the line "let us hear much, speak little, and act well." I'm so happy she's PDC!

Stephanie: I knew the moment I met Stephanie that she would make a great Brother with her generosity and dedication. The repeated availability of her apartment for Pledge activities is clear evidence of that and I'm truly glad that she is Alpha lota.

Heidi: From her speech during ASP elections, I knew that Heidi was serious about producing results during her time at the College of Pharmacy. She had an even more active voice in the Pledging process and I'm excited to see what successes await her in the future as both a Brother and a pharmacy student.

Paula: On some days I feel bad that I pick on potato sack Paula too much, but mostly I'm just grateful that she lets it slide all the time. With her diligence and lightheartedness, Paula was a perfect addition to the Pledge class and her actions throughout the year have continually proven her a valuable Brother.

Jeffrey: Let's be honest, this kid's jersey name should have been "Mulligan" because, well, it's a long story. Needless to say Jeffrey's been a wreck, but in a heartwarming way. He always made my job a little harder and a little easier at the same time! All kidding aside, Jeffrey has an uncanny ability to make anyone smile, and that alone merits a double pack of frozen peas.



#### Just a Few Words...

#### **Shannon Sulik**



For our professional Pledge project, we decided to reach out to UGA students by writing an article for Flagpole, a free weekly paper that is available to everyone on campus as well as Athens residents. Our article focused on common medication muths that could be harmful to one's health if followed. Some of our topics included proper use of antibiotics, avoiding Tulenol with alcohol consumption, and flu shots-issues that affect many college students as well as other adults. Faculty Brother Dr. Perri helped by editing the article and directing us toward reliable information sources. Though our article has not uet been published, we hope it will be in the future so that students can make better decisions about their health. We look forward to writing another article in the future, concentrating on other health related issues affecting college students.

#### ...About a Really SCARY...

#### Stephanie Peccia

For a second year, the ever-awesome Evie Cowan allowed the Pledges of Alpha lota to use her home for Phi Delta Chi's Annual Halloween Party. All of the Pledges were involved in planning the party in one way or another and it turned out to be a fun-filled night for all of those who attended! Jennifer Gaddie, Sarah Pennington and Shannon spent the afternoon decorating Evie's home with orange & black streamers, ghosts, and jack-o-lanterns while Jennifer Huggins, Stephanie and Michel were fast at work setting up the refreshments and other supplies. Almost all of the Brothers and Pledges attended, along with some of the other students at the College of Pharmacy. Some of the more memorable costumes included a blue alien dancer, the Chipmunks, an octopus, a chick magnet, and Taylor Swift & Kanye West together at the Grammys. The Pledges even awarded prizes to the best costumes at the party. Other highlights of the night were the wonderful refreshments, dancing and a fabulous light show performed with glowsticks



by Shuang and Trac. After planning such a big event, the Pledges were able to understand the meaning of AAAE and understand what it means to be a Brother of Phi Delta Chi. All in all, the night was definitely a success and it was a great Halloween Party!

#### ...Tech BEATDOWN!

#### Ray Dwan



The Pledge class service project for the Fall of 2009 was to participate in the annual "Beat Tech Food Drive" hosted by the Food Bank of Northeast Georgia. The Food Bank of Northeast Georgia along with the Atlanta Community Food Bank holds an annual competition between the college communities of the University of Georgia and Georgia Tech to see which can collect the most cans for donations before the Georgia versus Georgia Tech football game. Alpha lota Pledges did their part for the Food Drive by getting the UGA College of Pharmacy involved through setting up a drive of

For two weeks, the Alpha lota Pledges ran the can food drive at the College of Pharmacy. As an incentive to get students to donate, the food drive was made into a competition among the 1st, 2nd, and 3rd year students with the class that donated the most cans receiving an extra point on an exam.

The result was a great success; the students of the University of Georgia College of Pharmacy donated over 350 pounds of canned food which well exceeded the goal of 180 pounds.

How 'bout 'em Pledges!



### And a Few Words...



#### Michel Alexander -

When I came to pharmacy school, I wasn't planning on joining a fraternity, but I was lured to a Phi Delta Chi Rush event by the offer of free pizza. Little did I know that I was walking into a roomful of amazing people. Bu the end of the night (and largely because of Annie K's friendly conversation), I was sure I wanted to be part of this Brotherhood. While Pledging was stressful and overwhelming at times, now that I've finished, it was totally worthwhile. I look forward to becoming even closer to my Brothers and becoming a useful addition to Phi Delta Chi.



#### Crustal Beal -

During the Pledge process. I learned important facts about the fraternitu like where it was founded, who the founding members were, and what the fraternity represents to the community overall. The best part about Pledging was attending the different Rush events and having the opportunity to mix and mingle with Phi Delta Chi Brothers. I also liked being able to create my own non-traditional paddle for my Big Brother. Among the various Pledge tasks assigned to me, mu favorite task was participating in the St. Jude Run/ Walk, I served as a corner person to help direct participants along the walk and enjoyed cheering the people on and sharing encouraging words to help them finish the walk. In summary, I am glad that I was able to complete the Pledge process and become an official member of a fraternity dedicated to professionalism, leadership, and service



#### Josh Breeden -

My favorite part of Pledging was playing tennis with my fellow Pledges.



#### Rau Dwan -

My favorite memory of Pledging included getting cat-called by a drunken tailgater in my Catholic School Girl costume during the night of Informal Initiation. They were nice and offered me refreshment. I had a great time that night with my fellow Pledges.



#### Jennifer Gaddie -

Although at the time I found the various tasks and interviews tedious and time consuming. I now realize they were my favorite part of Pledging. Each interview solidified mu desire to be a Brother and each task made me realize that being one required more than a name on a sign-up sheet. As a result, I feel like I know a little about each Brother leading to friendships that I hope are long lasting.



#### Heidi Hesprich -

Finding myself in a gargantuan maze of corn with only a few flashlights and the camaraderie of new friends was the pinnacle of Pledging. It allowed me to really get to know the group I was with and appreciate each person's contribution to the group as a whole. We ventured into the unknown and came out on the other side with a greater knowledge of each other as well as our navigation skills and intuition (or lack thereof in my case). Humor motivated us onward and the dénouement at IHOP was just as fun as the maze adventure itself. It is an experience that I will not soon forget as well as one I hope to have again in the future.



The Phi Delta Chi Pledging process was a great experience for me. Since Phi Delta Chi was the first Fraternal organization I have joined, I had no clue about what to expect. I was very surprised at how the Brothers were so willing to help and get to know me better. Also, I became closer with the people in my Pledge class that I don't think I would have gotten to know as well if not for Pledging Phi Delta Chi. I have met many new people through this process and look forward to making those relationships stronger and becoming true Brothers.



One of my favorite Pledging experiences was making the paddle for my Big Brother Annie. Many of the Pledges, like me, didn't know what we were going to make or how we were going to make it so we worked together as a group to get ideas and buy supplies. We had a paddle painting party to put the finishing touches on our paddles. I loved that experience because I got to hang out with all of my Pledge class.



#### NhuY Nguyen -

Now that the Pledging process is over, I actually miss it a lot. Even though we had to balance our time between studying and PDC activities, it was very comforting to have a group of twenty people who share the same fate. Making the paddle was my favorite part of Pledging. It allows us to show our thoughtfulness to our Big Brother while displaying our own unique creativity. All of the Big Brothers were really pleased with the paddles, so it makes the whole process of making it worthwhile.



The best memory of Pledging is making the paddle. I've always wanted make things novelty sized so this was the perfect opportunity to express muself, in paddle form.



I enjoyed so much during the Pledging process, but my favorite part was interviewing the Brothers and completing their Pledge tasks. Even though some of this seemed like a chore at first, it ended up being a wonderful experience. The Pledge tasks were usually fun to complete and interviewing everyone was a great way to get to know all of the Brothers. It also helped the Pledges bond, since we all joined together as a team and helped each other complete our interviews and Pledge tasks!



One thing I liked about Pledging was getting to know and hang out with my Big Brother, Ashley. We went to a concert and out to eat. and it was nice to have someone to go to if I needed advice or encouragement.



#### Paula Phetsadasack -

The part I liked best about Pledging was planning the Halloween party. I felt like this was the project that involved the most planning. All of the Pledges did a great job in signing up for head committee positions and signing up to be part of the committees. Once the night came, everyone did their part and the partu was a success. This process taught me a lot about coordinating with other people when planning such a big event. I've never planned a party before, but have learned that working with other people is much easier then planning an event alone.



My favorite part of Pledging was the progressive dinner because we were able to meet and hang out with the Brothers and really get to know them better. I also enjoyed performing the puppet show with Trac and Paula as a Pledge task. I'm

really glad I joined Phi Delta Chi because I made a lot of friends throughout the Pledge process and I've had a lot of fun during my first semester of pharmacy school.

#### Sarah Thompson -

Pledging taught me so much about Brotherhood. You never really know what kind of friends you have until they step up to help you. With all the craziness of school and Pledging it was so easy to find someone to help you with a task or just to sit and talk with about the fraternity. It is also an eye-opening experience to know just helping someone carry stuff to their car can really make their day. It makes you want to help out whenever you can. That's what Brothers are for!!!

#### Lacie Tijerina -

The best part of Pledging for me was getting to make friends and meet people that I otherwise might not have gotten to meet at all. These people are always willing to help with problems and give encouragement when needed.

#### Patrick Tu -

During my Pledging for Phi Delta Chi I was able to meet a lot of new people in my pharmacy class. My favorite aspect of the Pledge process was the can food drive. I thought it was awesome how we were able to gather up hundreds of pounds of food over the course of a few weeks. It set a good precedent for future events that hope we can accomplish more in the coming years!



My favorite part of the Pledging process was getting to know all the Brothers and Pledges. My favorite Pledge task was having to say the phrase "frozen peas" in place of "cool beans" whenever appropriate in a conversation for a week and explain myself afterward.

#### Landan Watts -

Pledging was a challenging period for me; however, I came to realize that it was the challenges during the Pledging process that bought us all closer together. I learned that being a part of Phi Delta Chi meant not only being part of a group, but rather to be a part of something much greater, a big family away from home. I realized that the people I had met only a few weeks before were willing to help me with anything and most importantly I now see that these people will be great friends for years to come.

Getting to know everyone in Phi Delta Chi was a fun process filled with lots of get-togethers and events! I really love how everyone is so friendly and eager to help us first-years. I have learned so much about school and how to get involved. Phi Delta Chi really gave me both the friends and resources to be successful in pharmacy school.























...From the Pledges



### The Meaning of Brotherhood







### **Our Brotherhood Project**

Paula Phetsadasack

For our Brotherhood Professional Project, the Pledge class of 2009 decided to make a Brotherhood time capsule. The project idea was suggested by one of the Brothers who incorporated everyone's ideas, which entailed compiling what PDC Brotherhood means to each Brother. We wanted to come up with a creative way to present our definitions of Brotherhood. The essence of the prescription time capsule is that Brotherhood is an eternal bond between all of the PDC Brothers.

A large rectangular container was used to represent a prescription vial. Twenty Easter eggs were used as capsules, each of which contained a statement pertaining to Phi Delta Chi and Brotherhood. Each Brother contributed by recalling a significant memory/experience with PDC Brothers, described his/her definition of Brotherhood, or wrote about what PDC Brotherhood has taught him/her. The prescription label includes some PDC history and the "prescription" is a medication that is taken to promote Brotherhood. This is a really creative way that our Pledge class can express what Brotherhood means to us.











### Meeting in the Desert

Ashley Hannings and Edward Yabut



In early August of 2009, a group of Brothers journeyed to Phoenix, Arizona for Phi Delta Chi's 67<sup>th</sup> Grand Council. The business meetings and workshops helped Brothers expand their leadership skills, work together in team-building exercises, review the ritual, and see first-hand how the national fraternity runs.

Grand Council provided the unique opportunity for Alpha lota Brothers to mingle with Brothers from around the country. We also got to spend time with many of our supportive alumni Brothers. The 6-day convention wasn't all business, however. In between the formal meetings and committee discussions, we enjoyed the accommodations at the Arizona Biltmore Resort, including numerous pools, a water slide, and the spa, Phoenix's exciting nightlife, and nearby shopping and restaurants. Some of us even used the trip out West to visit Las Vegas, NV and the Grand Canyon.

Our finest moment occurred during the awards banquet on Saturday night. Our Chapter had worked very hard on our projects that year, including hosting our annual 5K for St. Jude, teaching about safe sex at the Dawgtoberfest health fair, volunteering at the Food Bank of Northeast Georgia, and getting our radio show off the ground. We were hoping to place well, but realized that many other Chapters also do high quality projects. As it turns out, we did even better than expected. Our highlights included 5<sup>th</sup> place in the Annual Window Display Project Award, 5<sup>th</sup> place for the Thurston Cup, and 1<sup>st</sup> place in the Professional and Service Projects Award! Our Chapter works extremely hard at our professional and service projects and felt so honored to receive this award that we could barely contain our excitement.

We've told all of the new Brothers that if they are able to go to Grand Council, they should definitely take the opportunity. At Grand Council, each Chapter has a voice and individual Brothers can have an impact on how the national fraternity runs. Not only is it a fun experience, but Grand Council shows you what being a Brother of Phi Delta Chi is all about.









#### What's with the LEGOS?

#### Ashley Hannings

Fall retreat this year was held at Hard Labor Creek State Park, just about an hour outside of Athens. Being the retreat mom, I arrived early along with Eddie, Abby, and Jennifer Riner to check in and set up before the other Brothers arrived. From the moment we got there, we remained very busy. We had a full house because an impressive number of fourth-year Brothers were able to come, along with alumni Brothers Colin and Max. I, along with grill-master Erin and the rest of the kitchen

helpers, prepared delicious meals throughout the weekend.

This retreat was both fun and productive. We held committee chair elections, planned events for the semester, and did some major re-vamping of our Chapter's bylaws. In addition to our usual business, Eddie planned many Brotherhood activities and split the chapter into 3 teams, Phi, Delta, and Chi, for some teambuilding exercises, which Abby and I helped facilitate. The competition started on Friday night and continued through Saturday afternoon. Activities included a Phi Delta Chi ritual exam, Bid and Build, Sneak-a-Peak, and Magic Carpet. All of these involved tasks that require communication and team-work. Magic carpet, in particular, brought the Brothers very close to each other.

After dinner on Saturday, we closed the formal meeting, played Pass the Gavel (an Alpha lota tradition), and various board games, including Cranium and Catch Phrase. A few Brothers even decided to go for some late-night swimming in the lake:)

This retreat was so packed with activity that we were all a little tired by the end, but it was worth it. We learned more about ourselves, each other, and had a blast along the way.



#### Family Ties

#### Erin O'Rourke

One of the hardest parts of being a Brother of a fraternity is to be located away from the Chapter. When truing to schedule everything else in our lives, it can sometimes be very difficult to fit in Phi Delta Chi events. However, having biannual retreats always give me an event that I can put on my calendar months in advance and I always look forward to seeing everyone again. While some people may cringe when they hear the words "required event", I really enjoy the fact that we make attendance required for the retreats. I know I can always show up and not only be welcome, but also know the majority of the fraternity will be there. I really enjoyed this winter retreat because, being in August this year. I was not able to meet most of the new Brothers during their Pledging period. Retreat is always a quarantee for a good time. Some things always stay the same: good food, grilling, games and fun. But there is also always an interesting twist as well. Our officers took a lot of time planning fun Brotherhood activities that pitted us as teams against each other but also really allowed us to get to know each other as people and as Brothers. The activities, such as drawing up the Chapter's family tree. provided the perfect opportunity to immediately be re-immersed into Brotherhood and the fraternity like I had never left it. While I know log cabins and required events are not always positive thoughts, I really appreciate all of the Brothers for

coming to retreat with open minds and really making the whole weekend a lot of fun. I know I will always look forward to retreat as a time when I will always be welcome back to meet new Brothers, to help them grow their bonds of Brotherhood and to help in planning some of the major projects for the upcoming semester. It sets a really positive and productive tone for the new semester with new Brothers.

#### "Where's Boykin?"

#### Merinda Mason

That was indeed the question of MLK weekend! Brothers Jess, Boykin, Jayme, Huggins, Stephanie, and I went to the annual Gatlinburg Retreat to mix and mingle with Brothers from around the country. Even though our group was smaller than years before, we did have at least one Brother from each class there. The weekend was fun over all, but we did have some "ups and downs" to say the least. We ended up splitting a cabin with the Gamma Delta's, which proved to be amusing. Veres (an Alpha Theta alum known as Versa to some) ended up moving into to our cabin, which was awesome since he's extremely fun to be around and brought a whole lot of food with him! The next few hours of the weekend entailed hanging out with the "Alley Oops" at their cabin. Jess, Boykin, and I have known some of the Alpha Upsilon's for awhile, so we were able to catch up and introduce some of our newer Brothers and the Gamma Delta's. This is when I obtained the nickname "THE Merinda"... Thanks Richard! Later on that night we made it down to the cabin housing the Beta Beta's. They are an all male chapter from Louisiana... Enough said! So this was the first time most of us had experienced "Club Beta Beta" and it turned out to be entertaining, nerve-wracking, and interesting all at the same time. If you want more info, just ask Brother Boykin. WE STILL LOVE YOU BOYKIN!!! Most of us danced the night away at Club Beta Beta and socialized with Brothers from other Chapters.



On Saturday Brothers Boykin, Jayme, Stephanie, and I went to Ripley's Aquarium and thoroughly enjoyed ourselves. We saw tons of neat animals and took some pretty funny pictures. It was well worth the arm-and-leg we each had to pay! We also did a little shopping and exploring downtown Gatlinburg with Brothers Jess and Mercer (an Alpha Upsilon Brother). Alpha Phi invited our chapter and the Alley Oops to hang out that night, so we finished off Saturday playing Catch Phrase, "drink" pong, and foosball!

After two nights of staying up late, most of our cabin slept in Sunday and then gathered in the home theater to watch "Paranormal Activity". And let me just go ahead and say, it was not scary at all. Poor Micah! HA HA!!! Johnny Carino's was served for dinner in the main cabin that evening and was delicious. Our dessert was two hours of Rockband with some of the Omega's. And of course we just had to venture back to Beta Beta territory! Club Beta Beta was not hopping the last night, so we mostly chilled and talked with some of their Brothers. However, we did learn how to play "drink" Jenga and we also discovered some interesting things about Brother Jaume on the dance floor!

We ended up going the wrong way on the way home, but the detour was scenic and eventful... As this is when the nickname "Stevanie Bojangles" was invented! All of us were awfully tired from the action-packed weekend, but it was well worth it... We made a handful of new Facebook friends (and Brothers for life) and now have plenty of stories to tell! Right Boykin?

#### Where's My Barbeque?

#### Shuang Ouyang

This was my first national PDC meeting since becoming a Brother, having missed out on Grand Council last year due to a Target Internship. The entire year up to this point, numerous Brothers have constantly told me what an awesome time they had meeting and mingling with Brothers at the national level. After this trip to Johnson City. TN for the Southeastern Regional Conference, I can confirm that they were definitely not exaggerating. From beginning to end, the entire trip was eventful and at times fruitful. Getting off to a late start on a Friday afternoon, my carpool of Crystal, Annie O, and Merinda made time fly by as we joked and shared stories during the four hour drive. While driving through South Carolina, hunger struck the four



of us and along with that came a craving for famed North Carolina barbeque. Nonetheless, we were already running late and decided to defer the search for slow cooked sustenance until the drive back on Sunday. We quickly found the rest of our Chapter once we arrived and dined at the hotel restaurant. While some people opted to sleep soon after, others opted to socialize with the other Chapters and stayed up chatting with Brothers from Auburn, ETSU, and numerous others.

Saturday was a mixed bag of work and fun, and it started off with a sumptuous breakfast that saw a few Brothers stuffing themselves to the brim, like Jeffrey. We then dispersed among the four workshops available and over the course of a few hours discussed and debated ways to make our Chapters better in the Southeast Region. After all that talking and a hearty dinner, it was time to hit the town. The awesome host Chapter had reserved a local night club for conference attendees and we were all on hand to witness the unmasking of "Fun Eddie" before he was poisoned by a ruptured glowstick.

Following the formal meeting on Sunday, it was time to go home, but not before we had found our barbeque. Despite directions from a sweet old lady at the Asheville visitor center and from a dentally deficient BP attendant, barbeque eluded us like a unicorn in the woods. Dejected and starving, we quickly tore up a Jersey Mike's to fuel us for the drive home. All in all, a wonderful weekend spent in East Tennessee, in spite of a fruitless search for barbeque.

6 Out on the Road



#### The Best Day of the Week

Laura Briscoe



PDC tailgating was stepped up a couple notches this season. We maintained our normal spot outside the Pharmacy building on campus and grilled out burgers and hotdogs and had Brothers bring delicious side items for everyone to enjoy. We played ladder ball, bocce ball, card games, and Frisbee throughout the day. Several Alumni and 4th year Brothers came out for some of the

home games, which is always good to catch up with them and hang out. Several of the Pledges came out and got to spend time with the Brothers.

Bringing more games, food, and Brothers out before the football game was also a great way to start the bonding process between Pledges and Brothers. Tailgating before

the game and hanging out with my Brothers and Pledges all day was definitely one of my favorite things about the fall semester. Another highlight this season was two of our 4th year Brothers, Mike and Beth, getting engaged at the UGA/Auburn game and we were all able to be a part of that special moment with them.

Georgia Saturdays



### Dawgs and Hogs Laura Briscoe

Our annual Meatfest was held September 19 during an away game with Arkansas. It was held at Evie's house and we hooked up 3 televisions to simulcast the game in multiple rooms. We fired up the grill around noon and churned out burgers and hotdogs all day. All the Brothers helped out by bringing sides, desserts, and drinks. Throughout the day we hosted about 60 of our classmates, not including all the Brothers. Kappa Psi and their Pledges came out to hang out and watch football with us for several hours. Almost all the Pledges made it out and began working on their Pledging responsibilities. A large number of 4th years came back and got to meet the Pledges and catch up with other Brothers since the summer.





We also provided entertainment for those who are not football fans with a volleyball net, ladder ball, bocce ball in addition to plenty of delicious food. Unfortunately, about half way through the day the weather quit cooperating and rain started to pour but we continued the activities under the tents and inside. There were no worries about a stoppage of grilling due to the rain either, but there did occur a hilarious, albeit slightly dangerous event when Ray put too much lighter fluid on the coals and created a fireball several feet high when he lit the pile. We kept the party going until about 11 and several of the Pledges stayed until the very end and helped with the reconstruction of Evie's house.

#### Progressive Dinner

Jeffrey Wang & Jennifer Fries



Last semester, the Brothers showed their generosity as well as their cooking skills by hosting the Pledges for progressive dinner at several of the Brothers' houses. The experience was very interesting to say the least. Brothers and Pledges alike got to taste the world-class cuisine of our Brothers and spend time with everyone; it was nothing short of an adventure!

The progressive dinner is a great time for Brothers to get better acquainted with the Pledges in a more relaxed family-like setting. It is also nice to swap recipes with other Brothers and try new cultural dishes that might otherwise never be experienced.

Progressive dinner is always one of the highlights of the semester! Next semester the new Brothers will host the whole Chapter and that should be a great time as well!

#### **Reverse-Progressive Dinner**

**Shuang Ouyang** 



If there's one thing certain about the Brothers of Alpha lota, aside from being awesome, it's that these guys love to cook and love to eat even more. I'm not talking about throwing something in the crock pot or scrambled eggs either, but instead Food Network-esque inspired creations of culinary delights and exotic amalgamations of flavors. Needless to say, as this year's WMA, I was eager to see if this particular tradition of Alpha lota had been preserved, and not surprisingly, this year's Pledge class shattered my expectations and my taste buds. Our newly initiated Brothers invited us into their homes for a taste of their

creations and to simply label them as yummy would be an affront. The numerous entrees were plentiful and delectable, but the best part of the night was gathering at Trac's house and feasting on the collection of desserts and confectionaries prepared. I thought I was full before, but I think I might have found a new ceiling for gastric stretching after trying everything on the menu and having seconds. Quite simply, that night was one of the best culinary nights I had all semester. Thanks guys!







### **Sing It Loud and Proud!**

Jennifer Boykin

We started going to karaoke at Shokitini last year and now we just can't get enough. This isn't your average karaoke, either. It's a private room for about 20 people with awesome Korean videos (that have

I'm always yours
I'm as ay

nothing to do with the song playing) and an automatic light show. It is an entertaining way to get to know your Brothers a little better in a very informal setting.

I know karaoke really means "empty orchestra," but we all know the other definition, "people singing off-key." We have a few gems that really wow us with their voices and it's amazing, but what fun is that all the time? I wanna hear people belting out ABBA and Journey and Celine Dion to the worst of their ability. I wanna watch Trac's air guitar accompaniment. I wanna watch people try to sing songs in other languages (I don't think any of those kids were born when Macarena was popular and those of us that

were kinda hate you for getting the song stuck in our heads). Nothing is better than hanging out with some of the best people you know and watching them mangle great pop songs. And the fried Oreos you can get for dessert. They're pretty amazing, too.

Some of the awesome songs we've been serenaded with: "Barbie Girl," "Earl had to Die," "Don't Stop Believing," Sweet Caroline," "Macarena," "Love Story," "My Heart Will Go On," "Dancing Queen," "Sober," and many, many more. I hope this event continues because it really is so much fun and I am really going to miss it when I'm gone.

### That's Going to Leave a Mark...

**Jennifer Huggins** 

One thing we did this year to take a break from school and relieve some stress was to go play paintball. We went to Athens Paintball on a Saturday morning in March and had a blast. Only a few Brothers showed up but we made the most of it. The first few games that we played were just with people in our group. As the day went on, more people came out and we were able to play against other teams. I had no clue what to expect since I have never played paintball before but I think I can speak for everyone that went and say we all thoroughly enjoyed it!













#### Dinner, Dancing, and Some Other Business

Jennifer Huggins

The Brothers of Phi Delta Chi Alpha lota Chapter came together on March 20, 2010 for a night full of food, dancing, and Brotherhood. Around 70 Brothers, guests, alumni, and faculty attended our annual formal banquet which was held at the Georgia Center for Continuing Education. This venue, which was an old auditorium renovated into a meeting hall, came complete with 2 large projection screens, an in-house sound system, and a stage which made it the perfect place to hold this annual event!

The night began with a delicious meal catered by the in-house catering service. While everyone was chowing down on one of three meal choices and catching up from the past year, a slide show packed with pictures from the 2009-2010 school year and music played in the background. After everyone had finished dinner, my fellow social co-chair Stephanie Peccia and I, began the award presentations. The award recipients of the 2009-2010 school year were Dr. Matthew Perri for Faculty of the Year, Brother Jennifer Boykin for Brother of the Year, Brother Stephanie Peccia for Pledge of the Year, Louis Doleac for Little Sister of the Year, and Barry S. Bryant for Alumni of the Year which was presented by Alumni Brother Holly Harp. For the second year, we did superlative awards. The recipients of these awards were:

Best Big-Little Pair: Jayme Bristow-Stephanie Peccia

Best Paddle: Lacie Tijerina

Most likely to bust a move anywhere: Crystal Beal

Most likely to get beeped on in catch phrase: Hilary Boretz

Most likely to own a pharmacy: Burt Wrenn

Most likely to write a cookbook complete with pictures: Trac Nguyen

Most likely to be the next American Idol: Robert Brady

Most likely to fall asleep in class: Patrick Tu

Most likely to return to UGA-COP as a professor: Ashley Hannings

Most likely to wear heels on everyday of rotations: Michelle Mach

After all the awards were handed out, the graduation ceremony for the 4th years took place. Each of the graduating Brothers got a certificate and a red carnation.

Once all of the business was taken care of, it was time to get down and party. All of the Brothers danced the night away to an iPod playlist that included the Cupid Shuffle and Party in the USA. Everyone had a great time and I can't wait until it all happens again next year!



















#### Founders' Day Dinner

By Edward Yabut

Every year PDC Chapters across the nation celebrate the founding of our fraternity on November 11, 1883. Alpha lota Brothers observed Founders' Day with a formal dinner at Carrabba's Italian Grill on November 9, following our weekly Chapter meeting. Brothers and current Pledges came together to remember the humble beginnings of our fraternity and celebrate the previous 126 years of Phi Delta Chi. While the Pledges learned a little about the history of our fraternity, Brothers remembered the importance of this day that has brought us together in a lifelong Brotherhood.



#### **A Spring Tradition Continues**

Julianna Murphy



On April 17th, Jennifer Huggins and Stephanie Peccia hosted Alpha lota's Low Country Boil, and it was a blast! A Low Country Boil is a big gettogether in which a stew consisting of shrimp, sausage, corn, and potatoes is the primary cuisine for the event. Of course, our party was also a potluck, so each of the Brothers brought side items, desserts, and beverages to help round out the hearty meal. As usual, we ended up with way too much food! Since the 1st years had already left Athens to complete a three week pharmacy rotation and everyone else was trying to finish up the semester, it was a great way to reunite and relax before the 4th years graduate and everyone leaves for summer break! Two of our alumni Brothers, Austin

Thaxton and Colin Kennedy, made it out to the event, and everyone had the pleasure of meeting Austin's son, Aiden. Overall, we had a fun night filled with great food, laughter, and some much needed relaxation, low country style.

#### Visiting the Perris

Michel Alexander

On December 2<sup>nd</sup>, faculty Brother Dr. Matt Perri and his lovely wife, LuAnn, hosted the Phi Delta Chi Christmas party. Brothers, alumni, significant others, and friends of the fraternity gathered to enjoy a delicious potluck dinner (including a kitchen full of desserts!), festive music, and good conversation. Everyone was stuffed by the end of the night, including a few Brothers with legendary appetites. It was a welcome respite from our impending finals and an excellent way to celebrate the end of the semester and begin the holiday season!



#### Walking the Line

Patrick Tu and Jennifer Fries

During the fall, a group of Brothers set out on a brisk (i.e., freezing cold) Saturday afternoon to the intramural fields. Initially some of us were a little worried because the waiver forms we were forced to fill out beforehand seem to hint at possible death and dismemberment that could result from the activity. Our friendly instructors assured us that this was a low ropes course and that there was little risk for injury; however, there was a high chance of stepping onto dog poop. Over the afternoon, we participated in a variety of events that ranged from jumping through ropes to balancing on ropes to swinging on ropes. As you can see it was a ropes course and a lot of ropes were involved. All of the afternoon's



events were designed to teach us the virtues of teamwork and cooperation. Never is AAAE more important than when you are stranded on a thin rope with no one but another Brother to pull you to safety. Even though we were freezing to death at the end of the course, we had a fun afternoon and came out of it with a sense of greater self-worth and respect for each other. By the way, in case you were wondering, it IS possible to balance 20 Phi Dex Brothers on a see-saw while singing the UGA fight song; you should try it!

#### I Need a Machete!

Abby Hobbs

For one of the fall semester's leadership programs, Alpha lota Brothers and Pledges ventured out to the Washington Farms Corn Maze on October 2<sup>nd</sup>. While the purpose of this event was to work on leadership and teamwork skills, everyone soon



realized that this event was really about having fun! Before embarking on the corn maze in our 4 teams, some people went through the "Vortex Tunnel," a kind of fun house attraction that gives the illusion you're falling. To enter the actual maze, everyone slid a giant 25 foot slide. Groups then hurried off to navigate their way through the maze in order to finish the maze first. This particular corn maze was interesting because trivia questions were set up at strategic points to help you determine which way to go. Teams had to work together to figure out answers, and both Brothers and Pledges were able to take turns leading their respective groups. As the night went on and the darkness set in, some teams got desperate and used a text messaging service for more hints. Groups soon realized that the corn maze workers wandering around were actually of no use at

all, often misleading groups in which direction to go. The maze took about an hour to complete, with some teams taking a little longer (not naming any names...). All in all, the Brothers and Pledges enjoyed getting to hang out away from school and get to know each other a little better at this a-maize-ing event!





#### Faculty and Staff Appreciation Breakfast

#### Ambili Prasad



Wednesday, the 24th of March dawned bright and clear over the College of Pharmacy at UGA. It was a great day to curl up and stay in bed, but instead, hoards of PDC Brothers could be seen on the second floor lobby of Pharmacy South at 7:00 AM hauling supplies and setting up food. Yes, it was once again time for our annual Faculty and Staff Appreciation breakfast. On this day, all the PDC Brothers come together to show our faculty members that we truly appreciate everything they do for us. We try to make their day a little easier by providing them with some great food to start off the day. We had a fantastic spread this year: the Brothers brought everything from bagels and donuts to breakfast casseroles to five lauer bars and smoothies.

Something we did different this year was to open it up to all the faculty and staff members at the COP instead of just the PDC Faculty Brothers, and it was a huge

success! When the clock struck eight, only a handful of faculty members showed up. To remedy this, Brothers Boykin and Ambili went to all the faculty and staff offices to spread the word. By the time ten o' clock rolled around, at least thirty faculty and staff members had stopped by to get some breakfast. Several of them came back to get refills on their coffee and everyone was very appreciative. Here are just a few of the thank you e-mails that we received from the faculty members:

#### Dr. Herist:

Thank you and all the Brothers for a great breakfast spread. I ate just enough to be awake during Seminar. Thanks again for you kindness!

#### **Susan Smith:**

Thank you so much for providing us with the Appreciation Breakfast! It was delicious.....most especially the coffee (: You all are so sweet to do this for us!

On behalf of CAP I would like to say thank you. Everything was great.

#### Lori Duke:

Thanks again Ambili, It was very generous of your group to provide this for us.

#### Melanie Andrews:

Thank you for a wonderful breakfast! We really enjoyed it.

Thanks to ALL of you for providing this breakfast this morning. We REALLY enjoyed it and appreciate it.

#### Ms. Hill-Cilcott

Thank you for the breakfast. We appreciate your thoughtful and kind effort.

Thanks you so much for the wonderful breakfast! Ya'll are the best!

#### Dr. Francisco:

Please convey my sincere thanks to everyone in Phi Delta Chi who helped

with this morning's breakfast. All the faculty and staff were extremely appreciative of your thoughtfulness as well as all the hard work that went into the event. It was a huge success. Thanks...GEF





### St. Jude Letter Writing Campaign

#### Ashley Hannings

This year the Brothers decided to take a different approach to the St. Jude letter writing campaign. In past years, Brothers would submit the addresses of their own friends and family, exhausting the same resources year after year. This time, the Brothers involved the entire UGA College of Pharmacy. PDC held a class competition to motivate fellow students to submit addresses for St. Jude. For every three addresses submitted, students were eligible for a chance to win a \$25 gift card. One winner was selected from each class. In addition, thanks to a representative from St. Jude, those who submitted fifty or more addresses had the opportunity to win an I-Pod Touch. The campaign was a huge success, with more than 700 addresses collected!



#### Hey, There's Forrest!

#### Ambili Prasad



On October 10, 2009, Alpha lota hosted the Annual St. Jude Charity 5K Run/Walk on UGA's campus 5K course to benefit Phi Delta Chi's national philanthropy, St. Jude Children's Research Hospital. This event was once again a huge success. We had 135 registered participants and managed to raise over \$2100 in donations to St. Jude. There was full participation from the Alpha lota Brothers (and several Alumni) who were involved in everything from planning, organizing and finding sponsors for the event, to volunteering and actually participating in the race. The Pledge class also really stepped up to make this event a success. I decided to take a leaf out of the previous Service Chair's book, Becca, and give the incoming Pledge class the task of signing up for the 5K and bringing a friend. All the Pledges not only did this task, but also showed up along with Brothers at 7 AM on race day to help set up. Josh went all out and actually secured the prize for the best male finishing time! This event is one of mu favorites because it shows

how a few weeks of hard work can really pay off in a big way when everyone works together for a good cause. I hope we can double the race participation and make it an even bigger event next year!















## Congratulations Class of 2010!

Navid "UPS" Amlani
Megan "ZAPATA" Baggett
Kimesh "ICE CUBE" Bhana
Robert "LONDON DRY" Brady
Lora "ADVENTUREUX" Brown
Rebecca "RED HOT" Hutchinson-Stone
Robert "RIDIN' DIRTY" Ko
Bob "CZAR" Luschen
Merinda "COYOTE" Mason
Vidya "PASSAPORTE" Nair
Manav "GQ" Patel
Beth "GIZMO" Strohsnitter
Michael "JIGSAW" Strohsnitter
Burt "BREWER" Wrenn

#### Class of 2011

Joe "SCOUT" Andrews
Jennifer "SOULJA BOY" Boykin
Bob "A.T.I.M." Bridgman
Tony "STALLION" Casedonte
Evie "IN DEMAND" Cowan
Ashley "JANIS" Hannings
Abby "GO-CHAY" Hobbs
Diana "SOCAL" Houng
Melinda "DEBONAIR" Kezer
Michelle "SHARK" Li
Michelle "M & M" Mach
Jessica "AUTHENTIC" Noice
Erin "TRADITION" O'Rourke
Jennifer "FLOW=OH" Riner
Edward "THRILLER" Yabut



#### Class of 2012

Rejena "CATIFLY" Azad
Hilary "SIDEWAYS" Boretz
Laura "Mrs. D" Briscoe
Jayme "LL COOL JANE" Bristow
Vanessa "ROCKY V" Clark
Jennifer "BARRACUDA" Fries
Annie "BELLE" Kenealy
Ryan "BRADY" Markham
Julianna "STRONG ARM" Murphy
Shuang "HEADLINER" Ouyang
Annie "OHANA" Oyanontaruk
Ambili "MAESTRO" Prasad
Carmen "MIX TAPE" Ward
Lucy "SWEEP" Webb

#### Class of 2013

Michel "CROFT" Alexander Crystal "AWESO" Beal Joshua "GUMP" Breeden Ray "TXT OFNDR" Dwan Jennifer "BETTY C" Gaddie Heidi "EINZIGE" Hesprich Jennifer "CAPT ICE" Huggins Cam "CICADA" Nguyen Nhu-Y "BELLA LUNA" Nguyen Trac "ÄΣ" Nguyen Stephanie "B8A RHYMES" Peccia Sara "ROCKSTAR" Pennington Paula "NIKE" Phetsadasack Shannon "SCULLY" Sulik Sarah "I-TRIP" Thompson Lacie "TID URI NA" Tijerina Patrick "TU FLY" Tu Jeffrey "GPS" Wang Landon "PICTON" Watts Angie "=I=" Zhou

Michel Bartlett

Warren Beach (Advisor)
Paul Brooks
Jim Bruckner

Henry Cobb Keith Herist Charles McDuffie Randall Tackett (Advisor)

Matt Perri Sukhmani Sarao Bill Wade







#### **Dresses to Impress**

#### Crystal Beal

Most high school students look forward to having an exciting time at their junior or senior prom. Prom is an opportunity to dress up, have fun, and create lasting memories with fellow classmates and significant others. However, some students may not have the means to purchase items needed for prom such as tickets, dresses, tuxedos, and more. Therefore, the Alpha lota Chapter of Phi Delta Chi in conjunction with Lambda Kappa Sigma teamed up to organize Project Cinderella in an effort to collect prom dresses for the young ladies of a local high school in Athens, GA. The collection drive lasted for three weeks and over 30 beautiful dresses were donated to the high school. The project started last year and although this year was a success we hope to open the drive across campus and make Project Cinderella bigger and better for next year!

#### More than a Game

#### Annie Kenealy

Two minutes on the clock, and the score is neck and neck. Our own pharmacy team played against the law school, in a heart stopping championship game which ended too quickly with a victory for the law school. Despite disappointment from the pharmacy school fans. The Second Annual Beat the Buzzer Tournament was a rousing success. We raised over \$500 for Nothing But Nets, an organization that provides mosquito nets to families in Africa to curb the spread of malaria. At \$10 a net, we were able to purchase and have at least 50 nets delivered to those who need them.

In addition to the generous amount of money raised, a rare thing occurred that night. UGA's professional students socialized between schools. This basketball tournament sponsored by the Academy of Student Pharmacists unites the professional schools at UGA: Law, Vet Medicine, MBA, and Pharmacy, for one night of our own March madness. This year eleven total teams competed in the tournament.

As IPSF liaison for ASP, I was responsible for organizing this charity event. My Brothers stepped up and helped me out with everything from baked goods to finding referees to call the games for free. I had the help of 17 of my Brothers at the event, and specifically the help of Evie who organized last year's tournament. She and the team we put together of Brothers were the reason we had a successful tournament and will continue to in the future. My hope is that PDC will be able to partner with ASP every year to make the Beat the Buzzer Basketball Tournament both a great charity event and a great social event.





#### Dawgs for Haiti

#### Crystal Beal

During mid-January of 2010, one of the worst natural disasters took place in the western hemisphere. A 7.0 magnitude earthquake struck Haiti, greatly devastating the small, poor country. The world was shocked as the media provided coverage of the destruction from the aftermath of the earthquake. Buildings were destroyed, thousands of lives were lost, and the small country was stunned by this catastrophic event.

The University of Georgia answered the call to action by creating the Dawgs for Haiti Campaign-a university-wide effort to raise a desired \$50,000 to donate for the victims of Haiti. Various fundraisers and events were organized on and off campus to raise money and garner support for this campaign. The Brothers of the Alpha lota Chapter of Phi Delta Chi participated in this campaign by selling Dawgs for Haiti t-shirts inside the lobby of the pharmacy school building. Between two days a total of 63 t-shirts were sold to students, faculty, and staff at a price of \$10 each-contributing over \$600 to the campaign. All proceeds raised were donated to the American Red Cross and Doctors Without Borders to assist with the Haitian relief effort.

#### B-I-N-G-0

#### Ashley Hannings

For the past 2 years, the Brothers of Alpha lota have been playing bingo with the residents of Morningside Assisted Living. We hosted another bingo night this semester, and they just keep getting better. It's great to see familiar faces from past bingo nights, as well as some new faces. Residents who participate on a regular basis include the father of an Alpha lota alumna. Residents who had winning cards got to choose from a variety of prizes provided by the Brothers. Residents who did not win, jokingly blamed it on one of the emcees...me! Even on the way out, one resident told me, "Now, you need to learn how to call those numbers right so I can win. I'm just kidding, I'm so glad y'all came." We were glad too. We plan to continue these visits for many semesters to come. I guess I had better practice calling those numbers!



#### Percentage Night at Pauley's

Jennifer Fries & Michel Alexander

The Brothers of Alpha lota love to eat and support a good cause, so we jumped at the opportunity to dine out at one of Athens' newest eateries, Pauley's Original Crepe Bar, on that night the restaurant donated a percentage of all its proceeds to help fight the war on AIDs. A portion of all the night's sales was donated to AIDS Athens to enhance and enrich the quality of life of those individuals suffering from AIDs in Northeast Georgia. The Phi Dex Brothers were able to dine on delicious entrée and dessert crepes and enjoy Brotherly conversation while promoting a good cause... What a night out on the town!

#### Finding the Easter Bunny

#### Crystal Beal

On the week before Easter, the Brothers of the Alpha lota Chapter of Phi Delta Chi participated in a new service project. The Brothers volunteered at Southern Care Hospice and contributed time and creativity in making Easter baskets for the patients of the hospice.



Easter gift bags were also designed for those who might need easier access to goodies such as stuffed animals, candy, and more. Construction paper, markers, pipe cleaners, and other arts and crafts were used to decorate the baskets and bags for the patients. Brothers added their own special touch by making bunnies and flowers out of pipe cleaners and even making items out of origami! Around 25 baskets and bags were decorated and in the end the Brothers were glad about the opportunity serve as



a source of happiness for the patients of Southern Care Hospice.







#### Packing It All in

#### Annie Oyanontaruk



On November 10<sup>th</sup>, 2009, 6 Brothers and one Pledge met at the Food bank of Northeast Georgia. During this event, we assisted in a program called the Pantry Service. We helped organize high demand food packages that would be delivered to many charities in northeast Georgia. Assembly lines were formed with one person assembling the boxes, others placing the designated items such as fruits and rice into the boxes and replenishing supplies. At the end of the two hours, we got a tour of the food bank. We saw how the foods were stored and toured the walk-in refrigerator and freezer. We found out other programs that were provided by this particular food bank. We realized that without the help of volunteers like us, the food bank would not be able to help as many needy families throughout the year. We all had a great time and hope to continue to serve our community at the food bank in the future!

#### Serving up the Hot Stuff

#### Crystal Beal

Each semester the Brothers of the Alpha lota Chapter of Phi Delta Chi volunteer at the Salvation Army Soup Kitchen. This semester six Phi Delta Chi Brothers attended the service event. The Brothers helped prepare food such as chicken pot pie, chili, and cake for dessert. The Brothers also helped serve food to approximately 50 people of all age ranges. Volunteering at the soup kitchen is always rewarding because it is an opportunity to give back to those less fortunate individuals in the Athens-Clarke county area. Moreover, it is very humbling to serve those who might not have otherwise had a hot meal to eat.

#### A Welcome Voice

#### Edward Yabut

All of us have spent several years in higher education, either getting a previous degree or just completing the pre-requisites for pharmacy school. However, many students struggle with school and may never get past a high school education, especially if they must deal with dyslexia or blindness. While memorizing equations and drug names may be difficult for us, dyslexia and blindness present roadblocks that are nearly insurmountable. Recording for the Blind and Dyslexic

(RFBsD) is an organization that aims to provide recorded textbooks and novels to students with these disabilities. RFBsD, working with the basis that "education is a right not a privilege," records textbooks used in all grade levels and all subjects of school.

In the fall, Brother Rebecca Hutchinson mentioned that UGA has a unit of RFBsD where she volunteers. Some Brothers became interested in helping with this unique organization. Working in groups, Brothers Ambili, Jennifer Gaddie, Heidi, Lucy, Jennifer Riner, Ashley, Abby, and Eddie spent the spring semester training, learning how the recording process works, how to direct a reader, and even how to read. We had to learn how to read at a constant pace and volume that someone could easily follow, as well as how to describe pictures to provide students with an accurate mental image. At first the weekly commitment of a one and one-half hour session seemed like a lot, but the Brothers soon found the reading enjoyable. Books ranged from large textbooks to short novels, and covered subjects as varied as the history of jazz music to nursing management. Volunteering at RFBsD has been a deeply rewarding experience, reminding us not to take our abilities for granted, and we hope to continue our relationship with RFBsD in the future.



### Broadcasting for Health

**Shannon Sulik and Evic Cowan** 



Radio Rx came back in Fall 2009 with a full lineup of new shows. We interviewed professionals on stimulant abuse, dangers of Tylenol, and a series of H1N1 segments. The Alpha lota Chapter pushed beyond our limits and organized a call-in show with Tom Menighan, CEO of APhA as a special guest for "American Pharmacist's Month" in October. We sought to bring applicable topics to the airwaves and used new communication technology like Facebook, Twitter, and podcasts to reach out and receive more feedback from our audience to keep us constantly improving.

For spring semester, we tried to focus the show on topics that affect college students. We were excited to speak with several health care professionals about topics such as smoking cessation, eating disorders, skin cancer, ADD, and H1N1. We hope that by airing shows that target young adults, we can expand our outreach even further to the 30,000+ students that attend UGA. In order to develop the show for 2010, we updated our Twitter and Facebook accounts to announce each show's topic and allow listeners to send in questions. We are also continuing the iTunes podcasts that listeners can download and we hope to continue the promotion of the show next semester to expand our audience and bring even more health information to the residents of Athens.



#### Gesundheit!

Jennifer Gaddie

The Spring professional project this year was "Nothing to Sneeze About." Our goal was to educate the general public about the active ingredients in common over-the-counter cough and cold products. With the enthusiasm of many of the Alpha lota Brothers, we were able to reach over 300 people by taking our board on the road to several local

pharmacies. During our two hour long visits, each Brother was able to encourage patients to look at the active ingredients of several common OTC products and compare it to their symptoms. To make things a bit easier, we also provided a handout listing active ingredients and what symptoms they treated. Many patients promised to keep our bright red handout tacked to the refrigerator, which we found very encouraging! Ultimately, the participating Brothers each came away from the experience with stories of thanks from those they spoke with. We knew at the end of our project we had educated many and had new and inspiring reasons to be pharmacists.





In the Community



#### **Dawqtoberfest**

#### Evie Cowan



This Fall, the Alpha lota Brothers and Pledges participated in the annual University of Georgia College of Pharmacy Dawgtoberfest. This health fair is open to the entire campus and our chapter prepared and presented our display on sexual health entitled "Let's Talk About Sex". Our presentation discussed proper condom use, common STDs, and misconceptions that are often believed about topics such as HPV and contraception methods. We were able to give away condoms, brochures with more in-depth information, and earphones that listeners could turn on to hear a personal story about HPV and the importance of the Gardasil vaccination. The event was a great success; several hundred people stopped by our booth to see the display or to ask their own questions. As a 3rd year Brother who has been able to see each year's progress, I must say that our chapter has truly developed professionally in this area. It is also encouraging to see the Brothers helping Pledges learn about the topic and coaching them on how to answer the common questions and how to educate the students and

faculty that stop by the booth on sexual health. Dawgtoberfest was a great time for professional growth and I know that it will always be an opportunity for our chapter to grow in Brotherhood.

#### Friendly Advice

#### Annie Kenealy

I remember how hard it was to get in to pharmacy school. Beyond the difficult classes and the PCAT, you have rumors and hear-say to contend with. One person says that this schools only lets in people with all A's, and someone else has a friend of a friend who got in right out of high school. Figuring out what pharmacy schools want, and how to fit the mold is a challenge, so the Brothers from Alpha lota have formed a relationship with the UGA Pre-Pharmacy Society and send a panel every year to speak at their meetings. This year a panel of eight Brothers met with over sixty pre-pharmacy students for 2 hours to answer their questions about admission. curriculum, and the life of a pharmacy student. Since the meeting, I've had the pleasure of seeing several of the students I spoke with at interviews and I hope to see them next year as first years. Extending our influence beyond the College of Pharmacu to help future students is another great way our Brotherhood exhibits AAAE.

#### Morning Politics

Jayme Bristow

Every year pharmacy professionals and students converge on our state capital in Atlanta, GA to let our legislators know that we care about the future of pharmacu. This year was no exception as both the University of Georgia and the Brothers of the Alpha lota chapter set a record for attendance! Brothers spent the day listening to updates on current pharmacy and healthcare related legislation, honored excellence in political activism among pharmacists in our state, and toured the beautiful capital building. We also attended a session of the state Senate where pharmacists were honored by that body for all the hard work and care we give to our patients and our profession. The rest of the day was spent visiting our local representatives to discuss with them the issues that we face as healthcare professionals and to encourage them to support GPhA's legislative agenda. The day was capped off by a group photo with Governor



Conny Purdue and lunch at a local Atlanta restaurant. Overall, it was a very informative and interesting day. It really demonstrated to every Brother present the importance of leadership in pharmacy, which begins by becoming involved.

#### Phi Lambda Sigma

Ambili Prasad Shuang Ouyang Annie Kenealy **Edward Yabut** Annie Oyanontaruk Evie Cowan

#### Leadership

Michelle Li

APhA-ASP Vice President of Fundraising

ASCP Vice President

PLS Vice President (Fall)

Ashley Hannings

Class of 2011 Secretary/Treasurer

Michelle Mach

**ASCP President** 

AMCP President

Jessica Noice

APhA-ASP Women's Health Co-Chair

Ryan Markham

**DSAC** President

PLS Vice President (Spring)

GSHP Treasurer (Fall)

GSHP President (Spring)

Annie Oyanontaruk

APhA-ASP Heartburn Committee Co-Chair (Fall)

APhA-ASP Diabetes Committee Co-Chair (Spring)

SNPhA Secretary

Stephanie Peccia

APhA-ASP Treasurer

Annie Kenealy

APhA-ASP IPSF Liaison (Spring)

Rho Chi

Merinda Mason **Burt Wrenn** Lora Brown Vidya Nair

Dean's List

Ambili Prasad Reiena Azad Stephanie Peccia Melinda Kezer Michel Alexander **Shannon Sulik** 

**Edward Yabut** 

Scholarship Recipients

Fall 2009

Ryan Markham Abby Hobbs

Jennifer Boykin

Lucy Webb

Shuang Ouuang

Rebecca Hutchinson-Stone

Rejena Azad

Evie Cowan Michelle Mach

Awards

Navid Amlani

McKesson Award

Robert Bradu

Pharmdawg Award

Merinda Mason

Merck Award for Academic Excellence

Michelle Li

Rejena Azad Ryan Markham Merinda Mason Jayme Bristow

Evie Cowan

APhA-ASP IPSF Liaison (Fall)

**Jennifer Fries** 

APhA-ASP Heartburn Committee Co-Chair

**Shuang Ouyang** 

APhA-ASP Community Service Co-Chair (Fall)

GSHP Secretary (Fall)

**SNPhA** President

APhA-ASP AIDS Committee Co-Chair (Spring)

**GSHP Treasurer (Spring)** 

Class of 2012 Secretary/Treasurer

Merinda Mason

Rho Chi Secretary

Rejena Azad

**SNPhA Vice President** 

Heidi Hesprich

APhA-ASP Secretary

Ambili Prasad

APhA-ASP Community Service Co-Chair (Spring)

Lucy Webb

APhA-ASP Community Service Co-Chair (Spring)

Paula Phetsadasack

GSHP Fundraising Committee Co-Chair

Manay Patel Jennifer Boykir

**Presidential Scholars** 

Michel Alexander Heidi Hesprich

Merinda Mason

Spring 2010

Heidi Hesprich

Stephanie Peccia

Ryan Markham

Rejena Azad Jennifer Fries

Jeffrey Wang

Evie Cowan Sarah Thompson

**Edward Yabut** 

Vidua Nair

Merck Award for Academic Excellence

**Burt Wrenn** 

TEVA Pharmaceuticals USA Outstanding Student Award

Michel Alexander Jennifer Boukin

**Shuang Ouyang** 

Evie Cowan

UGA College of Pharmacy Lead Dawg







### Pledge of the Year Stephanie Peccia

I was ecstatic to win the Pledge of the Year award this year! Pledging Phi Delta Chi was one of the best decisions that I have made and it has truly changed my life. Even though the Pledging process was hectic at times, it was an amazing experience! I am glad that I am now a Brother of Phi Delta Chi and I hope that I can continue to be an asset for the Alpha lota Chapter in the future.

### Brother of the Year Jennifer Boykin

I was so honored to get Brother of the year. And I was genuinely surprised (which is amazing since I was hanging out with the people that knew the results all week; they're really good at keeping a secret.) I can't express how touched I am that I was chosen. I love all of my Brothers and will miss everyone when I leave for rotations.



### Faculty Brother of the Year Matthew Perri III



Dr. Matthew Perri III has been a Phi Delta Chi Brother since 1977. He earned his Bachelor's degree in Pharmacy from Temple University and a Ph.D in Pharmaceutical Marketing from the University of South Carolina. One of his motivations in pursuing the profession of pharmacy is the opportunity for patient interaction and counseling. Outside of pharmacy, he enjoys mountain biking, cooking and spending time with his family.

### 2010 Alpha lota Distinguished Alumnus

Alpha lota Alumni Association



The 2010 Distinguished Alumnus is Barry Stephen Bryant. He was born in Augusta and moved to Louisville at the age of 10. He went to UGA to study computers but with a change in roommates, ended up changing his major to pharmacy. He joined PDC in 1979 and graduated in 1981. He worked for Kroger after school, and later had a chance to fill in at Barney's Pharmacy. It was doing 30 prescriptions a day and had one other person working the store. The store was in chapter 11 and he was given the chance to buy into the store. The total gross income of the store that year was \$284,000. He jumped at the chance, even though it was \$200 decrease in pay and went at it running.

Since that time how things have changed. He became the sole owner in 2003. The business has been expanded many times and includes four pharmacies, with a fifth one to be open in 2011 in Grovetown. He added a DME store in 2000, called Med Equip Healthcare. In 2007 he went through a major expansion taking his store from 5500 sq ft to 26,000 sq ft. He added the Hope Medical Center to the back of his building where he hired a medical director and 2 physician assistants who see roughly 25 patients a day. He has a diabetic shop, and does diabetes management, immunizations, hypertension testing and various education and support groups. His current staff includes over 12 pharmacists and overall he employs more than 60 people. He currently fills more than 1000 prescriptions per day.

Currently Barry provides a few scholarships for pharmacy students between the University of Georgia and the University of South Carolina. These include the Barry S. Bryant endowment for student travel abroad, the Barry S. Bryant Pharmacy endowment to provide general support to student organizations whose purpose reflects a commitment to high standards of service in the profession of pharmacy, and the Barry S. Bryant Pharmacy Government Affairs Endowment which provides support and identifies students with an interest in politics, government and community relations. In addition, he supports a PGY1 community practice residency program. The pharmacy works with indigent



care clinics to provide drugs at cost to low income patients. Through the Hope medical center in back of main building pharmacists and pharmacy students provide MTM and education to the patients.

Barry currently resides in North Augusta, SC, is married to Charlene and has 3 daughters, Vanessa, Stephanie, and Brittney, who all went to pharmacy school, although to the University of South Carolina instead of UGA. He sits on



the board of the Sanctuary Church of Evans and is a board member of CSRA Partnership for Community Health, which runs 2 indigent care clinics. Brother Bryant has been invited to be the Commencement Speaker to the UGA PharmD class of 2010 this spring. As you can see Brother Bryant is very deserving of this award. He is known as "The Pharmacist with a Heart." His stores have the motto, "Come Home to Barney's." We are proud to call him Phi Dex! "I AM Phi Delta Chi."



#### Festival for Life

#### **Shuang Ouyang**

As both president of SNPhA and an ASP AIDS committee co-chair, I wanted to try something new this year to fundraise for our local AIDS Athens. Knowing that people always love food, we decided to hold a pot luck dinner as part of the Festival for Life program and invited everyone in the College of Pharmacy. Twenty students, many of them AI Brothers cooked and planned to make this event a great success. Managing this event gave me yet another concrete example of AAAE with Annie O. Annie K. Ambili, and Rejena (the infamous AAAR) stepping up to make sure I got everything done on time and not pull out all my hair. Even many of the faculty complimented us on our culinary prowess and we raised over \$350 for the organization. I hope with the positive feedback, this event will become a regular in the spring schedule at the College.



#### A Caturday at J & J's

#### Rejena Azad

The Multi-Cultural Health Fair organized by the College of Pharmacy was held at J s J's flea market in April 2010. This was a brand new location and the self-touted largest flea market in Georgia drew in a large crowd. Many different organizations participated in the event and we had several Brothers that helped man the booths. Evie was a Spanish translator for the event and she helped the Spanish-speaking patients understand more about various health topics. I worked with SNPhA's hypertension board where we measured over 130 patients' blood pressures and educated patients on how their blood pressure relates to their overall health.

The hypertension table was a huge success and had the most patient participation. I also helped ASP's AIDS committee with their AIDS/HIV table. At this booth we educated about 50 patients on the facts and myths of HIV. The patients appreciated learning that they could get a simple test done for free from AIDS Athens.

Overall, being set-up at a busy location allowed the Multi-Cultural health fair to affect many patients and I think this year's fair was a huge success!

### Volunteering at the Expo

#### Annie Oyanontaruk



The American Diabetes Association hosted the annual Diabetes Expo at the Georgia World Congress Center to provide education and awareness to type 1 and type 2 diabetes patients. Health screenings and product and service exhibitors were presented to the patients free of charge. Three Brothers, Annie Oyanontaruk, Shuang Ouyang, and Vidya Nair, on behalf of APhA-ASP Diabetes Awareness Committee and the Student National Pharmaceutical Association, traveled to Atlanta to operate an information booth to provide education about the importance of maintaining healthy weight levels and to perform BMI measurements. Aside from health and BMI education, we also helped patients understand the importance of correctly reading food labels and choosing healthy food options. Brochures created by Annie and Shuang were available for the patients to take home. It was a great way to improve our patient counseling skills and learn more about diabetes!

#### McKesson Internship

#### Michelle Li



I participated in the Intern Program at McKesson during the summer of 2009 as a pharmacy intern. I worked under several Pharm.D. Product Managers and helped develop the neonate/infant module for an existing McKesson product called RxSafety Advisor. It's a product that helps retail pharmacies ensure that the medication filled is appropriate for the patient by

checking dosage appropriateness, look-alike-sound-alike errors, and other patient specific informations. It was a really rewarding and eye-opening experience and I was able to see the technology side of pharmacy.

#### AMCP/FMCP/Pfizer Internship

#### Michelle Mach

I had been in other fields of pharmacy such as retail and hospital, so I had always been able to see the immediate impact of my work. Managed care pharmacy was different. Last summer, I was awarded the AMCP/FMCP/Pfizer Internship, where I worked at Blue Cross Blue Shield of Louisiana in Baton Rouge. I sat in my cubicle on the third floor among hundreds of nurses and doctors, who were all working diligently to compose, develop, and maintain a healthcare plan. There, I worked on various projects, which ranged from case-specific claims to the drug formulary which would affect millions of members. Although I wasn't able to witness first hand the results of my labor, the extent of the impact was huge. Every week, I worked with a different department to ultimately provide better health for our clients. I was primarily involved with setting up a smoking cessation intervention program to help addicted smokers get physical and behavioral support. Managed care pharmacy allowed me to expand my skills as a student pharmacist from patient-centered, individualized practice to a broader, regional scale, touching millions with just one decision. It gave me a chance to create something that benefited the public, while empowering patients and physicians to make sound decisions about health care. The internship was definitely a memorable, and life-changing experience.







### Target Internship

**Shuang Ouyang** 

I had been working for Target for almost two years before one of the regional managers approached me about the Executive Intern opportunity at Target Pharmacy. Knowing that a fellow Brother, Navid, had just finished the internship the summer before at the Athens Target location. I went straight to him to get the nitty-gritty about how productive and insightful the internship really was. After a big two thumbs up from him, I decided to apply and thankfully I was selected as one of the four Executive Pharmacy Interns in the metropolitan Atlanta region. During my 10 weeks at the Athens Target, I learned quite a bit about how Target runs its stores and most



importantly its pharmacy. Beyond that, I learned even more about how I could affect people through my attitude and dedication to service as a part of the pharmacy. For that, I'm truly grateful for the experience.



#### A Summer of Service

#### **Shuang Ouyang**

Last summer, many of our Brothers fulfilled our ACPE service learning hours through volunteering at camps or other weeklong excursions. Instead of going the easy route of finding random health fairs to attend and document, many of us took entire weeks out of our schedules to immerse ourselves with the patients we are trying to help. Although some of our experiences were not as magical as others, as a whole, last summer's activities made a profound impression on us and hopefully on our patients as well. Not surprisingly, you will find many of us at the same place in this upcoming summer.

#### Camp Breathe Easy

#### Jennifer Fries



Camp Breathe Easy is a week long summer camp sponsored by the American Lung Association for children between the ages of seven and thirteen who have been diagnosed with asthma. Along with 5 other Brothers, I volunteered at this camp last summer to learn more about asthma and to try to serve my community better. A lot of us, including myself, were dreading the thought of spending a week trapped with children in a hot, bug-infested environment. Much to our surprise, however, the camp was held in a wonderful facility and

the activities planned throughout the week allowed us to learn more about asthma and how to treat our future patients suffering from the disease. Camp also allowed us a chance to put down our professional façade and have fun acting like kids. Although we learned how to deal with acute asthma attacks and educate our campers about proper use of their inhalers, the true value of the Camp Breathe Easy experience was learning that life is too short to not sing and dance like a kid every once in a while.

#### **Summer in Moultrie**

#### **Ashley Hannings**

In June of 2009, Brothers Evie Cowan and Ashley Hannings served on the Pharmacy team for the Farmworker Health Program in Southwest Georgia. This program is headed up by nurses from Emory and includes students from nursing, dental, physical therapy, psychology, and this year, for the first time, pharmacy school. This program provides healthcare to migrant farm workers in Colquitt and surrounding counties who speak little or no English. These patients work from dusk 'til dawn and rarely see a doctor when they need to. Dr. Von Waldner from UGA's College of Pharmacy led the group of pharmacy students. Evie, Ashley, and their classmates filled prescriptions and

counseled patients on the proper way to take their medications...all in Spanish. This was a unique opportunity to practice pharmacy and Spanish skills, and to provide help to those who really need it.





### Camp Kudzu

**Shuang Ouyang** 



This camp experience was actually the first time I had ever attended a summer camp as a counselor so I was naturally nervous. For one thing, I had no idea what discipline level to use with my 9-10 year old campers, since camp is meant to be a fun time. I initially chose this camp primarily out of convenience so that I could still attend the Target summer internship, but in hindsight I feel that I made a serendipitous choice.

Although this camp focuses on kids with type 1 diabetes, it still gave me a lot of education on diabetes as a whole. While I didn't attend the camp with anyone from Phi Dex, I did manage to room with a Kappa Psi. Luckily, he was one of the nice ones and who would've ever thought we could get along so well. As far as the experience as a counselor, it was amazing and frustrating at the same time. My boys were rambunctious and diverse, and they would often get into arguments amongst themselves or flat out refuse to listen to us counselors. This stemmed primarily from our lax discipline at the beginning, but everything worked itself out in time. Beyond just educating me on the pharmacy/medical side of diabetic patients, this camp helped infuse more humanity into our profession for me. I spent roughly 18 hours a day with these kids and it really helps drive home the patient care aspect of pharmacy. I'm tremendously grateful for this experience. I hope Jeffrey will find this camp just as rewarding when he attends the second session with me this summer!

### Camp Braveheart

Julianna Murphy

Last summer, several Brothers volunteered at Camp Braveheart which is summer camp where children can go for 1 week out of the summer, free of charge, and participate in activities from which they might usually be excluded due to their health conditions. Of the fifteen pharmacy students who volunteered, seven were Phi Delta Chi Brothers from Alpha Iota. While we had tons of fun getting to know the campers, we were also able to learn about different health issues, such as congenital heart defects, heart



transplants, and other related conditions. Learning about the medications these children take on a daily basis and how each is administered was a huge plus for pharmacy students! Overall, while we laughed, learned, and lost sleep, we also found a great way to promote our profession while giving back to the community.



#### A Georgia Convention in Florida?

Jennifer Fries



CAREER CENTER I was lucky enough to get time off of work last summer to attend the 2009 Georgia Pharmacy Association annual GPhA convention held in Ponte Vedra Beach, Florida. The convention was held at the Sawgrass Marriott Golf Resort & Spa, where current and future pharmacists were able to network, attend informative CPE events, enjoy the beach, and play on a world-renowned golf course. My favorite lecture was presented by our faculty Brother, Dr. Keith Herist,

on how to manage our finances after pharmacy school and the evils and benefits of compound interest. I learned how to maximize my income and minimize my debt while saving enough money for early retirement. The highlight of the week, however, was watching one of our faculty Brothers, the famous Henry H. Cobb, III, compete in a Guitar Hero contest. Although he failed miserably, his willingness to compete was admirable and quite entertaining. Overall, the convention was a great way to learn more about pharmacy in a relaxed setting, and I cannot wait to attend this summer's convention in Myrtle Beach!

#### Luck of the Irish

Paula Phetsadasack



l attended GSHP's Spring Meeting which took place from March 12-14, 2010 in Savannah, Georgia which happened to also be St. Patrick's Day weekend. There were seminars we could attend with speakers talking about various topics relating to hospital pharmacy. This event provided a great opportunity to network with hospital pharmacists, GSHP committee members, hospital residents, and other Brothers that are practicing in the field of hospital pharmacy. The meeting also provided us with time to spend and bond with the present PDC Brothers. Friday evening, after the events were over, we explored downtown and a dueling piano parlor.

Saturday there was a 2 hour slot open for residents and any other students who made a poster to present their posters. Ruan presented poster on a project he did alongside hospital pharmacists from Athens Regional. The lunch session also provided a venue for numerous institutions to present their own commercial/informational posters. Most of the Brothers took the second half the day off and did walking tours around the city. Of course, Savannah plus St. Patrick's weekend equals instant entertainment and there was tons of fun to be had that night. I had a great time at this meeting learning about challenges in hospital pharmacy, meeting new people, and enjoying Savannah with PDC Brothers and other GSHP members in attendance.



#### Never More Welcome

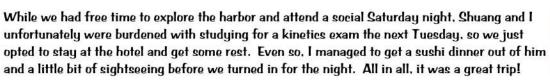
#### Annie Ouanontaruk



On Feb. 26th, 2010, two Brothers of Alpha lota, Shuang Ouyang and Annie Oyanontaruk, headed to Baltimore, Maryland for the SNPhA Regional Conference. While there, we not only got to meet SNPhA members from different schools and colleges all along the eastern United States, but we also met Phi Delta Chi Brothers and Pledges from lota Chapter of University of Maryland and Alpha Delta of Virginia Commonwealth University. The Friday night mixer was supposed to be a spot for all of the attendees to mingle, but after a rushed drive to the Atlanta airport to depart on time and an even more taxing pharmacology exam earlier that morning, the two of us only planned to stay at the most 15 minutes. Instead, once we found out that

the people we randomly stumbled into were fellow Brothers and Pledges, we wound up staying and chatting for 90 minutes. It was very refreshing to see Brothers instantly find common ground to bond over immediately after discovering that all present were Phi Dex. Both of us are definitely looking forward to the next time we'll

see them again in the future (hopefully at LDS!). During the planned events for the conference, we attended workshops for nontraditional careers in pharmacy and also some financial management lessons for after graduation. All were very enjoyable and educational!





#### Nationals in the Capital

Evie Cowan

This year, I was fortunate enough to attend the 2010 APhA National Convention in Washington D.C. The main convention hall held hundreds of booths with career opportunities, new products, & the APhA bookstore with the latest editions and Lexi-Comp technologies. I was able to visit certain employers to discuss opportunities for residencies and careers that I am interested in pursuing. A community practice residency showcase was also available for students interested in this type of PGY1 experience, and I got to visit with some of our own UGA College of Pharmacy residency coordinators.

Downtown Washington D.C. made for a very exciting getaway for an event like APhA. Several social and networking events were incorporated into the program like the Red, White, & Blue Welcome Party and an opening reception at the National Portrait Gallery. New Practitioner's Night was a blast, where young pharmacists and students could unwind and enjoy a night on the town. But the setting of D.C. also allowed us to sightsee and visit museums on our time off during the day. At night, I sampled some very eclectic restaurants and enjoyed jazz in the U-street district by "Total Eclipse with a Twist". Overall, I made valuable connections and had a very good time in our nation's capital.



#### Rising Second Year Brother Nhu-Y Nguyen



Why did you choose pharmacy as a career?

I knew I wanted to be a healthcare professional and pharmacy seemed to fit well with my biochemistry degree. I like that I don't have to deal with bodily fluids, but only xenobiotic substances. Other than that, it is quite a prestigious career with enough flexibility to start a family.

What is the meaning behind your nickname?

Jennifer Fries gave me this nickname because I am a huge twilight fan and I also love acoustic melody from artists like Jason Mraz. One of his songs on his new CD is Bella Luna. Since my family line derived their nicknames from song titles, Bella Luna seemed like a perfect fit for me, and it is.

What is one of the ways you think our Chapter displays Brotherhood?

Even though everyone has their own little cliques within the Chapter, which is perfectly normal for such a big group, we still manage to keep everyone together. When one Brother asks for help, the entire Chapter comes together to help out. This is why many of our service, professional, and social events are so successful; it's because we are such a supportive group of individuals.

Do you have any idea what you want to do after graduation?

I might want to do a residency if I am not engaged by that time. Just kidding! I am undecided at the moment. I'll make my decision based on the job market of 2013.

Why did you join PDC?

I wanted to be a part of something while I am in pharmacy school. It's a great opportunity to meet new people.

#### Rising Third Year Brother Carmen Ward

Why did you choose pharmacy as a career?

I was in my junior year of high school, and I was part of my school's science club. We had a guest speaker at one of our monthly meetings who was a pharmacist for a local independent, and when he started talking about his job I became really interested. I was too young to really understand what being a pharmacist really meant, so the day I turned 18, I applied to every pharmacy in my area. I grew to love my job as a technician, and never turned back.

What do you do when not studying or worrying about school?

My favorite thing to do when I visit home during breaks is play my 1930's refurbished piano that I've had since I was 5. I also like to draw, work out at cardio classes, and spoil my shih tzu as much as possible!



What is your favorite PDC memory?

I had a blast going to Six Flags on UGA day during first year. Brady, Jayme, Boykin, and I all met up and rode all the coasters together. We rode the Goliath enough times to memorize at what point the coaster would take our picture, so we timed it just right and got a picture of us making the "YMCA" signs with our arms while riding in the front row. We looked like dorks, but it was really fun!

#### Rising Fourth Year Brother Evie Cowan



Why did you choose pharmacy as a career?

I knew that after I finished my chemistry major, that I wanted to pursue something that would save me from a life of lab work. I realized that pharmacy was a way that I could take care of people while still enjoying the nature of the science.

What is the meaning behind your nickname?

My real name is Evelyn, named after my grandmother. Also my mom had several albums by an artist named "Evie" who she really enjoyed.... so she adopted the spelling and nickname for me.

What is one of the ways you think our Chapter displays Brotherhood?

I can see our Brotherhood evidenced when emails are answered for Brothers needing a ride, a question about a lecture, or sending out study materials to help with upcoming exams. It is a constant stream of Brothers reaching out and truly showing the meaning of AAAE.

What has been your favorite PDC memory so far?

I would have to say Grand Council in Phoenix last summer. We were in such a beautiful place, and the water slide was awesome!

Do you have any idea what you want to do after graduation?

I am leaning toward a PGY1 residency in the VA setting, but I really want to work through rotations with an open mind at this point.

Do you have any advice for 1st and 2nd years?

Don't give up! Also, think of ways that you can use PDC as a platform to truly get involved and organize something that you are passionate about.

Why did you join PDC?

I wanted to be a part of something that was diverse and encouraged creativity. The spirit of Brotherhood and professional development was a large part of my reason for joining PDC.

What do you do when not studying or worrying about school?

If I'm not working at Rite Aid. I like to play with my dog Manny, go find interesting events or restaurants in Athens, play on my keyboard, and drink good coffee.

How do you feel about having only 1 more year left?

I am sad about leaving the support of my Brothers and friends, but also excited about all the new possibilities. Yet I realize that even when I'm out of class, I'll be able to contact my Brothers who are already practicing and those behind me for any help I need.

What are you looking forward to in your last year of pharmacy school?

I am looking forward to working independently and problem-solving as part of the healthcare team. I also want to explore the various areas of clinical pharmacy that I was assigned for my rotations.

How has PDC affected you personally and professionally?

Personally, I have gained so many close relationships with other Brothers that will last beyond pharmacy school. Professionally, I was able to be exposed to a variety of professional projects and events that have helped me learn more about pharmacy and the possible career paths available to me as a future practitioner.





### Faculty Brother Dr. Matthew Perri III



Why did you pledge PDC and what are you getting out of it?

I originally pledged because I saw the benefit of belonging to a group that found its own success in helping each person in the group do the very best they could. And, just starting out in pharmacy school - 500 miles from home - was a pretty lonesome proposition. The Pledge class and Big Brothers made me feel right at home. Plus, PDC was co-ed and all the guys knew the women were smarter than us.

You have been a PDC Brother for over 30 years now .... how has this influenced you as a professor?

Being associated with PDC over the years has been rewarding for many reasons, just a couple here. First, I really enjoy getting to know and building relationships with students. Many former students still keep in touch and visit when they are in town. From another perspective, being involved with PDC has also kept me in touch with what the students are going through. It's easy as a faculty member to think your class is important - but the students have lots of classes. Knowing how hard you all study and work really helps keep me grounded when it comes to classroom material, readings and tests. Seeing how much you all get done really keeps me motivated!

What have been your best and worst experiences as a professor and a Brother?

This is a tough one to answer....but the whole Kappa Psi tie theft event, including being thrown into a shower with the fiancée of the Pres (I think that's what they called their leader) of KY is a long-standing favorite experience. And the whole shower thing was very innocent...! The worst? When you see a Brother purposefully and selfishly exert his will in opposition to the greater good - it is very disheartening.

How has PDC-AI evolved since you became a Brother and where do you see Alpha lota heading?

PDC is a great success story! Over the years I have seen interest in PDC come and go. I've seen leaders with great ideas and terrible ideas. But I can say that right now is the best and strongest I have seen this fraternity since the late 1980's. You have a diverse, motivated, kind and sincere Brotherhood with which I am proud to be associated.



Do you have any words of wisdom for next year?

No matter which class you are in - you are one step closer to being a pharmacist! Keep an eye on our profession because things are changing. Be part of that change and make sure that we remain the most respected profession by taking excellent care of patients - no matter what setting you are in!

#### **Emulsions**

Beth and Mike Strohsnitter - March 6, 2010



#### Extractions

Nadia and Sammy Hassan: Sammy W. Hassan Junior - Feb 6, 2010

Brooke and Sean Greene: Peter Evan Greene - Feb 23, 2010

Cindy and James Holcombe: Mason Alexander Holcombe - March 29, 2010

Burt and Amanda Wrenn: Ansley Ruth Wrenn - April 13, 2010

#### A Message from Lexie



While living in Albany I got to know the Eastern Chapters very well. After Grand Council I served the fraternity as the Eastern Regional Director of Collegiate Affairs which I was appointed to by GVPCA Amy Valdez. Since then I've had the opportunity to visit many Chapters, interview their Dean and advisor, lend ideas and thoughts on how to improve the Chapter, and of course enjoy Brotherhood. I have visited Mu Chapter at the University of Pittsburgh, Beta Gamma Chapter at Duquesne (and I was even invited back for their fall formal), and Beta Tau Chapter at the University of Buffalo. I was also able to serve as the WMA for the Alpha class at Gamma Zeta Chapter at St. John Fisher where I also visited 2 more times to foster the new chapter. I was also lucky enough to visit Beta Chi Chapter at Northeastern University. Eta Chapter at Massachusetts College of Pharmacy and Health Sciences, and of course I spent most of my time with Alpha Theta Chapter at Albany College of Pharmacy and Health Sciences. I also was a facilitator/officer at

the Eastern Regional Conference which kept me very busy. I want to announce that I will be moving to Reno, Nevada by June 1st. I am being interviewed for the Pharmacy Supervisor position for Northern Nevada. Keep your fingers crossed!

I want to congratulate the Chapter on all your accomplishments, bravo! You make me and the other alumni so very proud to be an Alpha lota. Lastly, to my Little Bro Ko, good luck in your future as a pharmacist. I know you will be great!



### Class of 2010 Legacies



#### Kimesh Bhana -

Wow four years has flown by so fast. Looking back, many of the good times I've had in pharmacy school were with the Brothers of Phi Delta Chi. School can get a little intense but I urge you to make the most of your time in Athens and treasure the time you have with your Brothers. To the new fourth year students make the most of your rotations. It's your opportunity to see and do things that you won't have another chance to do once you're out of school. Hopefully I will be able to attend a few PDC events now that I will be moving closer to Athens and working for CVS somewhere in NE Georgia. AAAE, ICECUBE

#### Burt Wrenn .

Pharmacy school would not have been the same had I not become a member of Phi Delta Chi. The friendship I formed with my fellow Brothers will last a lifetime. I wish everyone the best of luck with future endeavors. After graduation I plan to stay with CVS in the Atlanta area and live in Suwanee. I hope to purchase an independent pharmacy in rural Georgia in the future.



#### Manay Patel -

Pharmacy school can absolutely be the BEST years of college, if you let it. You can have the MOST fun you have ever had, while getting a bit of studying done every now and then. Yes, it is challenging. No, it's not easy. BUT it's all a balance. Don't let anyone fool you; you CAN get a 4.0 while still going out and doing things. Athens is an amazing town, and for all of you who haven't done your undergraduate in Athens, get out and see as much of it as you can. I tell you this, because I promise you, the 4 years of Pharmacy school will FLY by! And then, when you are on the other side, you'll look back and wish you had done more things while you were up there. I had an amazing time, made some great friends, and still managed to get decent grades in pharmacy school. I am VERY proud of being a PHI DELTA CHI Brother and a BULLDAWG! I will miss all of my PDC Brothers VERY much! I am very sad to see it end, but I will be moving on to other things, as we all must at some point. I will be doing a PGY

1 pharmacy practice residency at New Hanover Regional Medical Center in Wilmington, NC. After that I plan on doing a PGY 2 in either Pediatrics or Psychiatry. I am hoping to have a huge academic component to my residencies, as my long term plans include some type of precepting and possibly teaching didactic lectures. All in all, in the words of 'GQ': have fun, play hard, study some, do it in STYLE!

#### Lora Brown -

Where did all the time go? Brothers, enjoy each other and cherish these memories that you make. Don't fret about the little things because they don't matter in the end. Don't stress out and just be happy. As for my plans after graduation, I HAVE NO IDEA! :) But, no worries. To all my fellow graduating Brothers, we made it! Thanks for supporting me through the good times and the bad times. Phi Delta Chi will always hold a special place in my heart. AAAE.



#### Megar I can I

#### Megan Baggett -

I can honestly say that joining PDC was one of the best decisions I made throughout pharmacy school. I wouldn't be the person I am today without all of you and I just want to say thanks to everyone! Make the most of the time you have left in school (it will end sooner than it feels like, I promise) and enjoy life as much as you can. There's no use in worrying about the things that will either take care of themselves or won't matter in the long run anyway. I will be working at Rite Aid in Thomasville—so if you ever find yourself in south Georgia, stop by!



To my Brothers: Thanks for being there for me, and for making the last 4 years fun! Love you guys. After graduation Chris and I are moving to Seattle, WA, where I will start my general practice PGY-1 residency at the Puget Sound VA Medical Center.



#### Robert Brady -

To the first years, I leave you the foundation of what Alpha lota is today. When the class of 2010 began our journey through Brotherhood, we helped shape the Chapter into what it is today, just as each new class makes its changes to the existing framework. Keep with you a sense of pride that I have come to feel for our Chapter. Continue the excellence of our past and strive for greatness in the future. Never forget that we are BROTHERS FOR LIFE and Brotherhood is paramount to all else. To the second years, I leave you with the inspiration to be leaders. Your time is NOW! You are our leaders, and I know you will be great ambassadors for our Chapter! As you have looked up to the classes before you, now you are the Brothers that others will look to for advice and support. Never forget that those who passed before you will be there when you need help most; we are just a phone call away. To

the third years, I leave you with advice for the future. Remember what brought us together as Brothers and do your best to support the Chapter from afar. You are the wisest of all our collegiate Brothers, and your experience is invaluable! As you go through rotations, hone your craft and always remember that PDC Brothers are LEADERS IN PHARMACY! To my Little Brother Michelle Li, I leave you with words of praise. You have been one of the most true Brothers Alpha lota has ever seen. You are an incredible friend and wonderful Little Brother. Don't forget what brought us together and don't change who you are for anyone! Lastly, to my fellow fourth years...I love you guys! Pharmacy school would not have been the same without you. I hope that we can always be close, even though we may be separated by long distance. Remember where our home is, and always be true to PHI DELTA CHI!

#### Vidua Nair -

I will be completing my PGY1 at Northeast Georgia Health System. I have plans to complete my MPH at UNC the following year in order for me to ultimately work for World Health Organization as an Epidemiologist.



#### Bob Luschen -

The Brotherhood of Phi Delta Chi has been just that for me: a Brotherhood. From Pledge class prez to committee chair to WMA to father for a night. I never looked back to wonder whether the path chosen was right; never had a reason to, and I never will. My thanks goes out to my Brothers of Alpha lota for encouraging me, making me laugh, making me think, kicking my butt when needed, and bringing out the best in me as a student pharmacist and as a person. To thank individuals would be a whole other Crucible's worth of text, so suffice it to say that Fall '06 rules the world and we'll be checking back to make sure that the classes that follow do the same, as I know they will. Remember the lessons taught and the oaths taken; give your best efforts as they have been given before by Brothers past; and for crying out loud, work on your hollering. That Song's not gonna sing itself. Uno más: kick some serious tail at LDS this year. Not kidding; let's bring home some pride. AAAE, CZAR

#### Merinda Mason -

I can't believe school is already over! It definitely went by fast. I may actually miss it a little. One thing, for sure, is not over for me: PHI DELTA CHI. I cannot describe in words what this fraternity means to me or how it has changed me over the past four years. Every single Brother I meet feels like a mom, dad, brother, or sister. And with me being an only child, that means the world to me. My life is so entwined with PDC and I plan to keep it that way forever. I am set on becoming a national officer and being present at as many national and local events as possible. I want to be that cool, old chick that can boogie with all the young bucks! So keep an eye out. As of right now, I am planning on continuing my employment with The Kroger Co. around the Athens area. Even though I was initially disappointed about having to stay up here. I feel like this will provide me with more opportunities to stay involved with my "second family". I want to say thank-you to all my Alpha lota Brothers for impacting my life so much and helping me have a blast during pharmacy school. I LOVE EACH AND EVERY ONE OF YOU. And I mean that. I pray that I can stay in touch with all you guys and we can catch up over the years to come. I encourage all of you to take every opportunity to spend time with each other and get as involved with PDC as you can, because you'll be a busy pharmacist in a blink of an eye. Never forget AAAE. Never forget Brothers for Life. Never forget THE Merinda!!! (And don't forget to prau... it will be essential for you to graduate!)





### Class of 2010 Legacies



#### Robert Ko -

Thank you for letting me be slacker of the group. I really do appreciate it. I hope everyone continues to work hard so that people like me can continue to be lazy. I am glad to have been part of this family. I'll be heading down to Cairo, GA to work for Rite Aid. Hopefully I'll open my own Asian restaurant with a southern zing called Ni Hao Yah (by then maybe Megan will be convinced to bake for me). In the meantime hopefully I'll win the lottery and be Oprah rich. Momento mori, so live life without any regrets.

#### Navid Amlani -

What can I say? Joining PDC was one of the best decisions I've made. I've met a ton of great people, both in Athens and other Chapters throughout the country. I've also been a part of some pretty amazing stuff, like an award winning radio show. It was tough to find a group of people in pharmacy school that I fit in with, but folks in PDC are just eclectic enough to make me feel comfortable. That being the case, I'm still kicking myself for not Pledging as a first year (at the very least because I didn't get the cowbell Pledge t-shirt.) I'm not sure what the future will bring. Hopefully I'll end up in a big hospital in the northeast telling doctors what to do with drug therapy, and earning their respect, begrudging as it may be, in the process. For now, those plans have stalled, so I'm working at Athens Regional Medical Center after graduation. So Athens folks, you get me for another year. Take advantage. In the meantime, I wish my fellow graduates the very best, and the best of luck to everyone else as they finish up the long, arduous, and often just downright silly road that is pharmacy school at the University of Georgia. Don't hesitate to get in touch if you ever need me. I'll always be around, one way or the other.



#### Beth Strohsnitter -

Mike and Robert Brady singing "Barbie Girl" at karaoke, emotion pictures in Gatlinburg, and watching new Brothers learn how to shotgun at tailgates are just a few great memories that I won't soon forget. Don't miss out on great times with your Brothers. There's a lot of advice that I can give you from years of experience in and out of pharmacy school, but this is so important! Make time for fun, and stay involved in projects and events. Remember that we are Brothers for life, and the bonds we make during our time in AI will hold strong throughout the years. Never forget: AAAE, Leaders in Pharmacy, Brothers for Life, and most importantly, I AM PHI DELTA CHI! Mike and I will be enjoying life on the lake in Milledgeville, GA, where I will be working at the local Wal-Mart. We will be returning as much as we can, and would love to have visitors! -Gizmo

#### Mike Strohsnitter -

Brothers, it has truly been an honor to have spent the last four years with such an amazing group of people. We've had some bad times and we've had some great times, but one thing has remained throughout; we are all Brothers of Phi Delta Chi. We look out for one another, we take care of one another, we have fun with one another, and we love one another. Being a Brother means loving the people you're with even if you don't always like them. I love all of you, and I'll miss the times I got to spend with you as a collegiate Brother. To the Brothers in my class: Always remember the good times we had together from Pledging to graduation, and don't let graduation be the end of your time with Phi Delta Chi. We have been and will always be Brothers for life. Brothers in the classes below me: cherish the time you have while in pharmacy school. Spend as much time doing the things you love because when you get out into the real world, time is not always a luxury you have. Make the most of your time spent with your Brothers, and build fond memories to look back on because one day you'll be writing one of these and it'll hit you that you're not going to get to see these people every day



like you're used to. Brothers that are preparing for rotations: You were my Pledges and I'm going to miss each one of you. I'm proud of you for taking up the reins of leadership and bringing this fraternity to the next level. Good luck on your rotations! Work hard, but remember to take time for yourself. To all my Brothers: you're the best! Hopefully you won't be getting rid of me (or Beth) any time soon. Let's make some more fond memories in the years to come! If you ever want to visit you can find me at the Gray Highway Wal-Mart in Macon (I'll be the one in charge!) AAAE! -Jigsaw

### Thank You!

Thank you to all of the Alumni Brothers and supporters whose generous donations and advice have made this year's Crucible possible.

We appreciate everything you've done for us!



Lexie Turner
Colin Kennedy
Erica Merritt
Caroline Spangler
Charlie Waters
Max Witt



Jeff and Debi Noice Teresa Kezer







Alterum Alterius Auxilio Eget
and remember
I AM PHI DELTA CHI



